

A sound technique does not start with a philosopher. It is the result of a succession of discoveries based on experiences, many of them unexpected and a religious regard for the principles of growth.

There is everywhere a tendency to adopt ready-made schemes - philosophies. You hear twelve year old girls talking about their philosophy of life, adjusting themselves to ^a their formulated program, which gives them little chance for unconscious discovery, for developing experiences, finding out the truth. The truth is all written down for them in the formula and if they do not get away from that formula they have no more chance of real development than the worker at a machine who makes something year in and year out/^{the object of} which he does not understand.

One discovery about this formulated philosophy is that it requires the devotion ^{to} of one way of doing things and makes it very difficult for the follower of the plan to ^{see} be any good in any other plan - a tendency to sneer at what somebody else is doing in another way.