1876 2022

The Campus

Volume 147, Issue 8
Friday, October 28, 2022

Meadville, Pennsylvania
www.alleghenycampus.com

‘We are the new founders’: Gators gather over social weekend

Cole hosts all-campus gathering



SAMI MIRZA/THE CAMPUS

Dean for Student Success Ian Binnington (left) races Associate Professor and Chair of Mathematics Craig Dodge (right) in the “Bungee Run” at the all-campus gathering on Friday, Oct. 21.

By **HASSAN JAVED**
News Editor
javed01@allegheny.edu

An Oct. 14 email by Allegheny College invited students, faculty and staff to an all-campus gathering on Friday, Oct. 21. The theme: “We are Allegheny.”

“We must have faith in our history, our future, and most importantly, our present,” said Sydney Emerson, ’23, who spoke as a representative for the students. “Our actions today determine the Allegheny of tomorrow. We are the new founders.”

The event started at 2:30 p.m. on the Bentley Lawn as members of the Allegheny community began to gather. All classes and non-essential events after 2:30 p.m. were canceled for the gathering to give everyone the opportunity of attending.

The event formally began with speeches from Cole and representatives from the student body, hourly staff and faculty. Dean for Student Success Ian Binnington assumed the role of master of ceremonies.

In his introduction, Binnington expressed his deep connection to the college and elaborated on his long-term friendship with Cole.

“I’ve known Ron since the beginning of my time at Allegheny … I have seen him take different positions,” Binnington said. “I believe in Ron, I have always believed in Ron and I hope you will as well.”

Emerson spoke first. She was followed by Associate Director of Alumni and Employer Engagement Autumn Parker, ’16, who represented the Alumni, and Office Manager in Alumni Affairs Linda Lees who spoke as a staff representative.

Professor of English Ben Slote, representative of the faculty, and Cole were the final two speakers respectively.

In his speech, Cole emphasized his love for Allegheny and reinforced his belief in the college’s future.

“I believe in Allegheny and I believe in you,” Cole said.

Upon the conclusion of the formal ceremony, attendees were free to interact with the various activities present.

The activities and attractions on offer at the event included inflatable games from Crazy Monkey Inc. of Erie, PA.

Bungee run and axe-throwing were among the most popular inflatable games located on Brooks Walk.

“I enjoyed going on the bungee run against my friends,” said Anton Hedlund, ’25. “It was even cooler that the staff got involved in the games.”

Allegheny staff were also distributing college-themed merchandise such as water bottles and stress relieving balls.

See GATHERING | *page 2*

SAAC students pie college president at field day



SAMI MIRZA/THE CAMPUS

SAAC Co-President Ella Swan, ’23, (left) and SAAC Event Coordinator Sabrina Rodriguez, ’25, (right) prepare to pie President Ron Cole, ’87, in the face at SAAC’s Field Day on Tuesday, Oct. 25.

See SAAC | *page 7*

A day of ‘future-ing’

‘Gator Day’ returns to form following pandemic hiatus

By **ANNA WESTBROOK**
Staff Writer
westbrook01@allegheny.edu

All classes were canceled on Tuesday, Oct. 25, for Gator Day, an annual event aimed at providing students with “valuable professional development knowledge and skills,” according to the Allegheny College website.

With over 25 different information sessions on topics ranging from academic support to community workshops to life-after-college, the 2022-23 academic year’s Gator Day offered something for everyone.

Third- and Fourth-year Class Dean Jonathan May played a lead role on the Gator Day planning committee. The committee is comprised of students, faculty, administrators and staff. They use three learning outcomes to guide their work: professional development across all class levels, student engagement with faculty and staff, and increasing students’ affinity and appreciation for Allegheny College.

May said the first learning outcome of professional development best explains the purpose of Gator Day.

“We want to have sessions that are able to help every level of student be successful in their future,” May said. “And that’s what the conference is really about. We’re also trying to give students a taste of what it’s like to attend a professional conference … (Gator Day is) a really great experience to begin to practice that professional conference etiquette for your future. I call it ‘future-ing’ — thinking about what might be the next steps for me. Whether you’re a freshman or senior, you’ve got next steps to think about.”

May said he hopes Gator Day fosters an environment for students to learn about themselves, their peers and the college.

“We want students to walk away going, ‘Wow — this school, they really care about us, I love this community, I want to be a part of this,’” May said.

May also explained the committee plans to add a fourth outcome in the coming academic years called “GTD”: Get Things Done.

“Years ago, one of the original intents of Gator Day was for students to actually have time to go to advising sessions, visit career services, go in and get financial aid counseling that students didn’t really have the time for because of their busy class schedules,” May said. “For next year, we really would love to create a central hub of services … in the (Henderson) Campus Center lobby.”

According to May, Gator Day was first implemented in the 2012-13 academic year as a response to student requests. Originally, there were two Gator Days each year — one in the fall semester and one in the spring semester. However, beginning in the 2016-17 academic year, the spring Gator Day date was replaced with a celebration of senior comprehensive projects.

May said that Gator Day “has (now) been decreed and determined that it will be an annual fall tradition ongoing forever.”

Historically, there has been some opposition to Gator Day. According to a 2016 article from The Campus, faculty and staff participated in a survey during the 2014-15 academic year to gauge the effectiveness of Gator Day events. 45% of faculty and 15% of students responded to the survey.

See GATOR | *page 3*

In this week’s Campus...

HALLOWEEN AROUND THE WORLD

Science/International Editor Lottie Mateyak, ’23, uncovers the different way in which Halloween is celebrated worldover.

Page 5

“THE GHOST CLUB”

One Love sponsored a viewing of a three-part film, “The Ghost Club,” on Wednesday, Oct. 19, in Arter Hall.

Page 7

VOLLEYBALL TOURNEMENT

The brothers of Phi Kappa Psi hosted a campus wide volleyball tournament to raise awareness for breast cancer.

Page 8



FRIDAY
H: 58° L: 36°
Rain: 5%
Sunrise: 7:48 a.m.
Sunset: 6:20 p.m.

SATURDAY
H: 61 L: 40°
Rain: 6%
Sunrise: 7:49 a.m.
Sunset: 6:18 p.m.

SUNDAY
H: 60° L: 49°
Rain: 4%
Sunrise: 7:50 a.m.
Sunset: 6:17 p.m.

GATHERING *from page 1*

Carnival-style food was provided by Aramark. The menu included hot dogs, dippin' dots, popcorn and funnel cakes.

Professor of Music and Director of Choral Activities James Niblock, '97, led a singing of the college's alma mater to conclude the event.

Hedlund enjoyed the event and believes it to be an effective method of exposing community members to one another.

"It was a nice change to see some of my professors outside of the classroom and in a social setting," Hedlund said. "I also got to speak to people from career counseling who you usually have to book appointments to meet with."

Leading up to the event, a rumor around campus made many believe that there would be a major announcement at the all-campus gathering. This affected many attendees' perceptions of the event.

"I thought that they were going to announce something big and special for the students," Daniel Bekele, '25, said. "I'm not sure what the big announcement was … maybe that (Cole) is permanently president."

Cole said that the rumor of a big announcement was false and that the event came as a result of his open meetings with students and staff during his first week as president.

"The idea came up in different ways but it intersected at the same thing: that the campus needed a moment to reflect on (these) years," Cole said. "We had a large planning committee that represented all the different departments of the college."

Cole said that he saw the event as a way for the campus community to come together and reinforce their vision of what it means to be at Allegheny.

"This event was not about me stepping into the presidency, that happened with the announcement," Cole said. "It was about providing the campus community to come together and recommit to our shared purpose of delivering education for our students and students to feel a part of this community."

Apart from the confusion regarding the purpose of the event, Bekele believed the event to be successful.

"I think it was nice, regardless of other things, that everyone came together, especially on a day with beautiful weather," Bekele said. "The only disappointing thing was that not enough students showed up even though it's Friday and afternoon classes were canceled."

Cole said that although he could not measure the turnout during the event, he believed that the event was successful in bringing together community members.

"I saw a lot of people when I was speaking on the podium and everyone seemed to be having a good time," Cole said. "It's not as simple as putting on an event and expecting everyone to attend, things take time and this event is a step in the right direction."

The student involvement culture on campus has changed over the years and has significantly been impacted by the COVID-19 pandemic, according to Cole.

"I've been at Allegheny for a long time and I have seen different ways that students get involved and make this campus their own," Cole said. "Our enrollment numbers have suffered from the pandemic, and it's not just us, it's the whole world that has experienced a change. Our focus is on ensuring that students at Allegheny are enjoying their time."

Cole said that students' willingness to participate in events on campus is related to the student culture on campus. He added that cultural change occurs over time and is afforded by little changes accumulating into big changes.

Cole maintained that he is determined to listen to student needs and create accountability within the administration when it comes to them.



SAMI MIRZA/THE CAMPUS

Cole addresses the celebration from the south steps of Bentley Hall.



SAMI MIRZA/THE CAMPUS

Allegheny's choir performs "Alma Mater Beatissima" at the close of the celebration.

Reis hall faces renovation plans, Stinson announces

By **SAMI MIRZA**
Editor-in-Chief
mirza01@allegheny.edu

Allegheny College will receive a $2 million grant from the Commonwealth of Pennsylvania to help renovate Reis Hall and construct a new home for the Center for Business and Economics, State Senator Michele Brooks, (R-50) announced on Wednesday.

In an email to the campus community Thursday, Vice President for Institutional Advancement Matthew Stinson hailed the announcement as, "exciting news."

"Provost Angela Haddad will lead a collaborative process so that the implementation of this initiative aligns with the vision of our faculty, staff, students, and administration," Stinson wrote. "More information will be shared about opportunities to participate in this process soon."

According to the Pennsylvania Office of the Budget, the grant is part of the Redevelopment Assistance Capital Program and awards funding for projects that, "have a regional or multi-jurisdictional impact, and generate substantial increases or maintain current levels of employment, tax revenues, or other measures of economic activity

Allegheny is no stranger to RACP funds. The college received $4 million from the program to help construct the Vukovich Center for Communication Arts in 2004 and nearly $1.75 million to revitalize North Main St. and expand civic engagement in 2010.

Originally built in 1902 to house the college's library, Reis was converted to administrative offices when the Lawrence Lee Pelletier Library was completed in 1976. The hall has stood mostly empty since 2018, when it was vacated as a part of the renovation of Bentley Hall.

"It's just a beautiful old building that I think represents the long legacy of learnedness that the college has, and devotion to books as artifacts and vessels of thought," Associate Professor of English Matthew Ferrence told The Campus in October 2021.

In-depth coverage will be in a future edition of The Campus.

ASG speaks about Wi-Fi issues, debates airfare policy

By **SAMI MIRZA**
Editor-in-Chief
mirza01@allegheny.edu

The Allegheny Student Government discussed disruptions in the college WiFi and took steps to amend its Financial Guidelines at their General Assembly on Tuesday, Oct. 25.

In response to a question from Senator Nicole Recio Bremer, '25, Co-Director of Student Affairs Cam Lesher, '24, offered what information he had on the college's wireless internet situation.

"I know that it went out and it was down for a period of time and they don't know exactly why," Lesher said. "I know that they're working on installing a new company and so they're transitioning from one company to another company and that's why the outdoor (access points) aren't actually running. I also know that there was an email that went out to faculty that asked them to switch to using the summer Wi-Fi, but it didn't make it to students, so, if anyone needs the summer Wi-Fi information, I think most people have it by now, but I don't know anything beyond that."

On the morning of Wednesday, Oct. 26, an email was sent to the college community informing them of a network reboot set to take place at 9 a.m. that day. A follow-up email sent just after 10 a.m. reported that, "the reboot was successful and that campus wireless networks have been restored."

During the cabinet report of Director of the Treasury Adriana Solis, '23, the Senate approved $1,963.30 in spending — $1581.33 from the General Fund, $275 from the Surplus Fund and $106.97 from the Culture, Identity and Leadership Coalition Fund.

In "New Business," Solis introduced a pair of amendments to ASG's Financial Guidelines relating to the use of ASG funds to purchase airfare.

Currently, Article II, Section L, subsection 2 of the Financial Guidelines contains the only reference to traveling by aircraft. Section L deals with "Non-Allowable Expenses," including subsection 2: "Airline or other trip insurance (including automobile rental)."

"The wording on it is a little ambiguous and leaves room for interpretation, so right now I'm proposing a change to the Financial Guidelines," Solis said. "There's currently two amendments that I am looking for: one of them (Amendment 22-04-A) is to make all airline expenses unallowable for clubs, so they wouldn't be able to purchase airfare or airline insurance, and the second one (Amendment 22-04-B) makes it to where just airline insurance cannot be purchased."

Solis later clarified that the Senate would pick either 22-04-A or 22-04-B, not both.

On motion from Senator Jasmin Meyer-Jaafari, '23, ASG held a five-minute discussion on 22-04-A, a blanket ban on all airline-related spending. Meyer-Jaafari began the conversation by asking if the question of airfare was actually a concern for clubs.

Solis responded that, because of the COVID-19 pandemic, paying for airfare had not been an issue, though ASG now has to decide whether to approve a request from the Speaker Fund for airfare.

"There is a club that is bringing a speaker in through airplane," Solis said. "Originally I said they couldn't include the airfare as part of their transportation costs, but this would be directly — it would determine if they could in the foreseeable future, because a lot of the speakers that students want to bring in are typically out-of-state."

Senator V Belcher, '26, followed up and questioned the relevance of the amendment given how infrequently the issue arises.

"Why can't we spend money to allow them to complete these fees?" Belcher asked. "Because it's one club, you said, that wants to bring a speaker. I just don't understand why it's an issue."

ASG President Veronica Green, '23, chimed in and said that the move was designed to keep clubs from exhausting the Speaker Fund on airfare, particularly with what she saw as declining student enrollment and rising airline costs.

"This is supposed to protect us and our budget, in addition to future policies because typically when policies are written you look at the precedent of previous years, and then we look and we're like, 'okay, do we need to expand or get rid of stuff from this finance policy?'" Green said. "The last time airplane tickets were bought by ASG was once in 2018 and then there was the last time before that was 2013, but now that we have clubs wanting to utilize airfare for speakers, we don't have a lot of our speaker funds to begin with."

However, Bremer pointed out that preventing clubs from traveling by air can increase costs, citing the experience of the Model United Nations club last year in traveling to Massachusetts.

"I remember with MUN last year when we went to Harvard, train tickets were more expensive than the flight tickets," Bremer said. "Just because of this rule, we purchased train tickets. I think that's something like — yes, maybe plane tickets are more expensive sometimes, but not always."

Senator Sam Ault '26, moved to extend the discussion an additional three minutes, and suggested a more nuanced look at the policy.

"Have we considered a version of the Financial Guideline that explicitly states ASG will only pay for a certain amount of airline travel or ASG will only provide funding for airline travel if it's proven that that's the cheapest option?" Ault asked. "Something with a clear-cut guideline of when we will and will not do it."

Though Solis pushed back on complicating ASG's financial policy, Ault's suggestion garnered the support of Chief of Staff Ray Colabawalla, '25.

"I think (Ault's) specification is good enough because it specifies that we'd pay for the airline if it were the cheapest travel option," Colabawalla said. "I think that there's no need to make an exception in any case over that."

On motion from Senator Lorenzo Scarnati, '26, the Senate voted 16-0 to amend Amendment 22-04-A to allow clubs to only purchase airline tickets if it is the cheapest travel option. Senator Sofia Hassan, '24, then moved to vote on the updated Amendment 22-04-A, which passed 16-0. Bremer abstained on both votes.

The amendment requires another round of voting — most likely at next week's GA — before it goes into effect.

During her cabinet report, Director of Organizational Development Kori Bower, '23, announced that Provost and Dean of the Faculty Angela Haddad will be the guest speaker at next week's GA.

ASG will hold its next GA on Tuesday, Nov. 1 at 7:30 p.m. in room 301/302 of the Henderson Campus Center.

Max Kade writer-in-residence teaches through experience

By **MARIIA HLYTEN**
Contributing Writer
hlyten01@allegheny.edu

Annual readings at Max Kade House turned out to be a great incentive for those who want to challenge themselves.

On Oct. 18, the annual readings took place in the Max Kade House in North Village, with the participation of German Writer-in-Residence Patrick Findeis, who taught a 7-week creative writing course in German at Allegheny.

"This is a unique opportunity that no other language has," Assistant Professor of German Julia Ludewig said.

Everything happened in an unusual format. First, Findeis presented his latest work in German and English, and then his students read some of their own creative works, which they wrote in German. By studying the way creative work is written in different languages, students discovered a new way of in-depth language study.

"It was most insightful to listen to my peers read their short stories and hear how much we've all progressed over the course," Samantha Minor, '24, said. "Also, just being proud that we're a group of students who are pursuing German and are making every effort to encourage growth within the language for our futures was incredibly cool to think about."

Ludewig explained that Max Kade was an American businessperson of German descent, who wanted to establish a foundation that allowed intercultural connections to strengthen and support German learning and cultural exchange between Americans and Germans.

From then on, the Max Kade Foundation took pride in participating and sponsoring various programs which encourage the exchange of academic ideas among universities and colleges, both in the United States and in German-speaking countries, according to Ludewig.

Ludewig mentioned that they usually invite not only German writers, but also Austrian and Swiss writers to represent the full cultural diversity of the German-speaking countries.

"They also allow, us through generous funding, to invite a professional writer from a German-speaking country, and every year it's a different writer who comes to teach a short seven weeks class in creative writing," Ludewig said.

The course is offered every fall for two credits to intermediate and advanced German students. Then, at the end of that residency program, the writer gives a lecture and reading that is open to the campus community to summarize the course.

Most writers are thrilled to take this opportunity because they only teach this one class, according to Ludewig. They can dedicate themselves to their work, teaching and interacting with students.

"It's a quite luxurious residency to take," Ludewig said.

After reading, students were able and encouraged to express themselves creatively in the target language. Having another teacher also means hearing a different accent and learning to be flexible with different speakers.

"Having the course be taught by someone who isn't a traditional teacher and who lives in Germany was challenging at first because I had to draw on the skills I learned from taking German in a classroom setting and apply them to listening to German for real," Minor said.

"This is a form of expression that you rarely get in a regular language class," Ludewig added.

Even though Findeis worked as a teacher in Germany for a long time, this experience was something completely new for him, because students have had different levels of German since the beginning of the course.

"The class was heterogenic, as we noticed, there were students who've only (been) learning German for two years, or someone for eight years, so you have to find a balance so that nobody gets bored and drops out," Findeis said. "(It was) a perfect opportunity to travel to see different places to learn something by myself, for me and to inspire somebody."

Through the course lenses, Findeis also expressed how tough it can be to connect your life with writing.

"To write something, show it to people and decide to make it survive was a crucial step to me," Findeis said. "Not like coming out, but it took me quite a long time."

To show students something particularly German and make their way of learning more interesting, Findeis applied the old tradition of radio drama to classes. With no visual component, radio drama depends on dialog, music and sound effects to help the listener imagine the characters and story.

"It's something really German," Findeis said. "Radio drama was always in Germany even before the second world war. Nobody had a T.V. at that time, so people needed the distraction and they came up with radio dramas which are like the theater place just to listen to."

The resources Findeis used to teach his course partly consists of experimental learning, either for those who teach or those who learn. In the process, Findeis changes the methods to his students` levels.

"The first class I played experimental stuff from the 70s which was a too-high formula, but then I considered that it could be perceived differently for students who are only learning for two years than for eight years," Findeis said. "So I see the effort the student puts into it."

Minor took Findeis' creative writing class and said it was a hard-but-effective way of gaining fluency in a foreign language.

"It certainly was a fun and challenging experience, writing in German creatively is much different from writing in English creatively," Minor said.

Ludewig gave her insight into its importance and power.

"Efforts to connect language learning with literature was not accidental," Ludewig said. "(Findeis) did a really good job of bridging the gaps between what's considered to be proper in terms of German writing as opposed to English while still allowing us as students to express ourselves creatively within our work."

Having coordinated the program for many years, Ludewig considers it something enriching for German learners on campus.

"Every writer here adds something to the campus," Ludewig said. "Not just because of the reading, but also because they want to appeal to the entire community, they live on campus and interact with faculty and students. Writers broaden the intellectual life of this campus. And that I think is very important."

GATOR *from page 1*

"An overwhelming majority of students supported Gator Day programming, while most members of faculty came out against its continuation," The Campus reported. "A portion of the faculty reported they felt Gator Day no longer serves any purpose in the academic calendar."

The following year, the spring Gator Day date was removed.

May said he was not aware of any current large-scale complaints from faculty.

"I will say, in my brief experience here of 9 months in my position, faculty seem really excited about Gator Day — at least, the ones I've interacted with," May said. "(Faculty) really love the fact that the students have professional development going on that day, and I think they kind of recognize, too, that students need a little break in their schedule to get some things done or to work on their future."

Additionally, May said that this year held a record-high number of submissions for faculty presentations. He interpreted this as a good sign.

Mattie Blair, '26, attended Gator Day and said they think Gator Day provided students with valuable information.

"A lot of us kind of know what we want to do, but we don't know exactly how to get there," Blair said. "So I think it's nice to be able to have the opportunity to talk to people who've been there and (who) have already done certain things."

Rachael Lutz, '24, also thought Gator Day is beneficial for students.

"I definitely like taking a day off (classes)," Lutz said. "I feel like it lets you really focus on professional development."

Conversely, Victoria Smith, '23, said that none of the events at Gator Day appealed to her.

"The few events oriented toward seniors were stuff that I either already knew or wasn't going to do me any good, so I'd rather just work on homework," Smith said.

Julia Sonen, '24, and Smith both felt that the vast majority of Gator Day events are aimed toward first- and second-year students. Lutz agreed, but still found value in attending.

"It seems like a lot of the departmental stuff is more for (first-years) and sophomores who haven't actually declared their major yet," Lutz said. "But I still think there's a fair number of things I can go to."

Sonem did not attend Gator Day programming and opted instead to take a mental health day.

"Right now in the semester, I'm pretty overwhelmed and need to take every chance I can to take care of myself and get work done," Sonem said.

Richard Mills, '26, and Brooke Belfiore, '24, also cited homework as their reason for not attending Gator Day.

May encouraged students to take advantage of future Gator Days regardless of external stressors.

"It could be really easy to go, 'Oh, I'll take this as a mental health day,' or, 'I'll take this as a let me work on homework day,'" May said. "And all that will still be waiting for you after your Gator Day experience. But don't miss out on valuable, potentially life-changing information because you're worrying about the present. Doing a day of futureing could really change the direction of your life."

Students are able to submit feedback about Gator Day yearround by emailing studentsuccess@allegheny.edu. May said all of the deans within the Maytum Center for Student Success receive those emails and value student feedback.

> "Don't miss out on valuable, potentially life-changing information because you're worrying about the present. Doing a day of futureing could really change the direction of your life."
>
> —JONATHON MAY
> Third- and Fourth-Year Class Dean, Allegheny College

CRIME BLOTTER

Editor's Note: The weekly Crime Blotter is compiled using the Daily Crime Log available on the Office of Public Safety's web page. Crimes reported may still be under investigation. Crimes listed below are collected the Thursday before publication.

October 20, 2022
Act 64 (Drugs)
Baldwin Hall
Referred to Dean

October 23, 2022
Act 64 (Drugs)
Baldwin Hall
Referred to Dean

THE CAMPUS

Since 1876

EDITORIAL STAFF

Roman Hladio	Editor-in-Chief
Sami Mirza	Editor-in-Chief
Hassan Javed	News editor
Sofia Hassan	Features editor
Elanor Bonta	Features writer
Lottie Mateyak	Science/International editor
Caroline Maye	Science/International writer
Sydney Emerson	Opinion editor
Kyle Chandler	Sports editor
Evelyn Zavala	Staff writer
Anna Westbrook	Staff writer
Hassan Javed	Photographer
Sydney Emerson	Photographer
Sami Mirza	Photographer/Videographer
Roman Hladio	Copy editor
Kai Maries	Editorial cartoonist
Annaliese Stone	Graphic designer
Michael Crowley	Faculty adviser

Advertising (814) 332-5386
Editors newspaper@allegheny.edu
Box 12, Allegheny College
520 North Main St. Meadville, Pennsylvania 16335

The Campus is printed every Friday during the academic year, except during breaks and exam periods.

McKinley's needs permanent pasta

A first-year's desperate, carb-fueled plea to Aramark

By **REAGAN GRACE WHEAT**

Contributing Writer

wheat02@allegheny.edu

The Allegheny community currently faces one of the most divisive issues in Allegheny's history: Which reigns supreme, pasta or potatoes? While both could stay, it is not fair to the iteration which has dominated throughout the entire semester. Pasta bowls deserve to be permanently served in McKinley's.

At the beginning of the year, I was excited and impressed by the idea of having a rotating station in McKinley's. With just four other stations to choose from, Bowls provides students with a place to get a meal they haven't had in a while and can look forward to eating. However, this concept has widely lost its appeal, as the potato bowl option has failed to maintain students' desires.

On the Bowls menu, there are 5 options of bowls to choose from, including a create-your-own feature. Each option either contains mashed potatoes, tater tots or pierogies. Students can also choose from a list of proteins, toppings, sauces and cheese to add on.

Fans of the potato place also have critiques for the restaurant.

"The potato place was good before they stopped cutting up the chicken," said Libby Roda, '25 "The whole purpose of a bowl is so you don't have to work for it."

Complaints like this make a clear case for why pasta should be served continuously. Additionally, if the staff focuses all their attention on one place, we can make it better for all who are served.

One positive thing I have heard about the potato place is the pierogies. This potato-stuffed dough could be easily included in the pasta menu as a type of dumpling.

Before coming to Allegheny, I had never heard of the concept of potato bowls. Since it was an option in my life, I decided to try it. However, being vegetarian, I was limited by what I could get in the prepared bowl options. I decided to customize my own at Bowls. I used mashed potatoes and put on them classic toppings such as cheese, sour cream and chives. I also added tofu as a meat substitute. While I did eat the entire bowl, I wouldn't call it appetizing. The mashed potatoes were barely warm so the cheese didn't melt.

It was a disaster.

With multiple different noodle types to choose from and three sauces, the pasta place provides variety and customization for our meals that we don't get anywhere else inside McKinley's anymore. Pasta deserves to be permanently served because of the price, portion size and because it's overall, a more enjoyable dining experience.

When compared to potatoes, which go for around $8 a pop, the pasta bowls start at a lower rate of $7. While both upcharge for protein options, they cost the same amount in the end if you want meat in it. However, the pasta portions are much larger than the potato bowls and can be eaten for multiple meals. Customers also get a breadstick included with their meal.

Along with the large portion size, pasta can be adapted to many different food allergies and dietary restrictions. As a vegetarian, the availability of tofu has been an amazing substitute for meat. The restaurant also offers gluten-free pasta for those with an intolerance.

As a freshman, I have consistently heard of the difference between Parkhurst, the previous dining service, and Aramark. After talking to many upperclassmen, I discovered a pattern of longing for the old pasta place to return. Students have to describe it to me as "incredible" and "cooked better." If the dining staff puts all their effort and concentration into the pasta bowls, we could possibly return to this era of pasta excellence.

After talking to an Aramark employee at Bowls, I learned about the hassle that switching between these restaurants puts on the dining staff. Responsibilities such as having to cook, prepare and order ingredients for a whole different menu about every two weeks are just the tip of the iceberg — not to mention needing to be ready to efficiently serve students during their hours of operation.

I also asked the dining worker about her opinions on which restaurant was more popular with students. Without hesitation, she said the pasta was the go-to restaurant. Sometimes accumulating about 10 to 15 students in line at a time, the pasta place is the only restaurant I have seen garner such a high turnout other than Bento.

In the end, I believe that switching to permanently serving pasta at Bowls is more beneficial to the students and staff on this campus. If only a limited number of people are buying potato bowls, we are wasting resources and potential. It is time to make a real change on this campus. It is time for permanent pasta at Allegheny College.



REAGAN GRACE WHEAT/THE CAMPUS

Bowls, located in McKinley's, alternates between serving made-to-order pasta bowls and mashed potato bowls on a two-week cycle. Under Parkhurst, McKinley's served pasta year-round.

'She Hulk: Attorney at Law' empowers Marvel comedy

By **ROMAN HLADIO**

Editor-in-Chief

hladior@allegheny.edu

When I started editing for The Campus, I never expected that keeping up with all Marvel content in order to be fully prepared for massive manifesto-reviews by the late, great opinion editor Kaleigh White, '22 — may she labor in peace — would be part of the job. Lower on my list of expectations was the fact that one day, I'd place myself in the very position Kaleigh herself held for so long.

Alas, here we are, and I have never been more thankful for my training to consume massive amounts of overproduced superhero content.

When the first episode of "She-Hulk: Attorney at Law" dropped, I was rather unimpressed. It was just another Marvel show that I could use as a distraction while I folded my laundry or rode a stationary bike at the gym. Something about the show was off-kilter, though. I chalked it up to Mark Ruffalo's performance — his depiction of the Hulk has always been like a weird guy the age of your parents who married your oldest cousin whom you now call "Uncle Mark" solely because there is no possible way you can consider him your cousin.

But it wasn't just Ruffalo — the show was moving too fast. Before I knew it, Jen Walters had her powers, spent some time training on Bruce's weird island and made her way back to civilization with her green-yet-not-too-mean alter ego. The show's pace never faltered, and soon enough, the Abomination was out of prison and off galavanting with his seven soulmates, Mark Ruffalo was thankfully shot into space and Jen was being harassed by a group of incels online á la 4chan.

The humor in "She-Hulk: Attorney at Law" reaches far beyond the generic Marvel comedy tropes we've grown accustomed to with each new release. When the show was initially revealed in 2020, Marvel's Chief Creative Officer Kevin Feige called it the Cinematic Universe's first "legal comedy." It stretches into and beyond that territory, often bringing the jovial, irreverent humor associated with a sitcom. Simultaneously, though, the show's mundanity is its strongest suit. We've never had a superhero who works a day job as a major plot point on the screen before. We've never seen a Marvel hero go on Tinder dates, get drunk after hours and experience casual, early-30s love. We've never seen a superhero lose such personal battles day in and day out, like not being able to fit into comfortable clothes or having to work professionally with a creepy crypto bro with whom they went on a date.

Also, we got to see Daredevil do the walk of shame after a hook-up. Worth it.

A friend of mine asked me why the heck I would want to crack open this old can of Marvel-review worms. They asked how I could stand to keep hearing the same recycled jokes and one-liners, and if there was actually any point in trying to repeat Kaleigh's whole song and dance again. The truth is, the shows Marvel has put out since Kaleigh graduated are uniquely thoughtful, interesting and compelling. And, dare I say it, they break the long-hardened mold of Marvel comedy.

> The humor in "She-Hulk: Attorney at Law" reached far beyond the generic Marvel comedy tropes we've grown accustomed to with each new release ... often bringing the jovial, irreverent humor associated with a sitcom.
>
> —ROMAN HLADIO
> Class of 2023

Each episode of "She-Hulk: Attorney at Law" is quick and clever, and genuinely deserves to be experienced on its own, which is why I've tried so hard to avoid spoiling its contents here. Most importantly, though, the show is self-aware that the story it is telling is generic and already repeated to high hell, especially with the pace at which Marvel has been producing content in recent years. "She-Hulk: Attorney at Law" skipped familiar beats to throw the unexpected at us. As someone who has grown accustomed to the most basic laundry-and-stationary-bike fodder, it is a much-appreciated change of pace — I even found myself with a few unfolded articles of clothing by the end of a half-hour episode.

Since the release of "Moon Knight," there's been a tangible feeling that Marvel content is outgrowing the vessel we've packaged it into. The new writers that Marvel is bringing on board are telling stories that seem to have moved beyond the grand, millions-of-years-long Feige Marvel empire. Instead, they are telling uniquely human stories about marginalized voices who find themselves, quite literally, empowered.

So, my plea to you is this: If you have given up on Marvel content because you hate the rut it's been in lately, give "She-Hulk: Attorney at Law" a try. If you hate it, write me back through a letter to the editor and we can have a pool noodle joust for Jennifer Walters's honor.

Send Letters to the Editors and Op-Eds to newspaper@allegheny.edu

Must include name, class year or faculty/staff position.

Letters to the editors should be 500 words or less.

Op-eds should be at least 750 words, no more than 1200 words.

All submissions subject to approval and edits by The Campus staff.

Xi Jinping wins unprecedented third term in office

Student, professor talk China's political landscape

By **CAROLINE MAYE**
Science/International Writer
maye01@allegheny.edu

After 10 years in office, Chinese President Xi Jinping secured an unprecedented third term in office. According to Reuters, the Chinese Communist Party ended its weeklong congress on Oct. 22, making a number of controversial appointments — Xi's among them. Famous for stopping corruption, limiting free speech and isolating China from the rest of the world, many wonder what Xi has in plan for his third term and how far reaching the impacts will be.

"Because some of my family are a part of the Communist Party, they are not allowed to travel to the United States," said a Chinese student who requested to remain anonymous due to political reasons. "For me personally, if I say something against the Communist Party it might leave a record."

The student said that Xi's controlling policies, especially his "Zero-COVID" policy — which mandated quarantines of any COVID cases within the country — complicated life for foreign students, as it made traveling to China very difficult and left many students stuck at their institutions over break. The student explained that they have been in the United States for the past two years.

"A single air ticket could cost approximately $12,000," the student said. "It is really expensive and it can also be very risky because sometimes they cancel your flight and won't pay you back."



JINPING

While their family believes that it is best for them to stay in the United States during breaks, the student is concerned about what they are missing by staying here. They explained how last year, they lost one of their grandmothers, and their other grandmother is developing Alzheimer's.

"She was the person who brought me up so we share a very deep emotional relationship," the student said. "It would be really really bad if I go back to China and she doesn't remember me anymore."

Although the "Zero-COVID" policy is unpopular, nobody challenged Xi in his bid for a third term.

"There is such strict control over expression and organizing that (opposition to Xi) just doesn't seem possible to me," said Professor and Arthur E. Braun Chair in Political Science Sharon Wesoky.

Wesoky is pessimistic about what the future might bring with Xi's continued leadership. She explained that China is already closing up more by refusing to share its gross domestic product data and expects "continued repression of dissent" and "ethnic assimilation."

"China does not have rule of law like we do, in any stretch of the imagination," Wesoky said. "So there's nothing to constrain Xi from doing this."

She explained that digital surveillance in China makes protesting extremely difficult.

"People have been air-dropping oppositional posters to each other," Wesoky said. "Airdrop on iPhones is one of the few ways you can anonymously send things to people in China. But that is so sporadic."

Without opposition, Xi appears set to continue ruling until his death. Both Wesoky and the student said it was likely that Xi could become the next Mao Zedong, who ruled China for about 30 years and is regarded as a hero for bringing communism to the country.

"He would like to be in power until he dies, like Mao did," Wesoky said. "At this point it's hard to imagine him voluntarily stepping down for a replacement."

The student critiqued Xi's monopoly on power. They were shocked and angered when they heard about Xi changing the constitution, as the student learned that "the constitution of a country should be the foundation of the country, and should remain unless something serious happens."

"If you don't have opponents or someone to restrain your power, then other people's advice wouldn't affect you that much and then things go wrong," the student said.

Despite being unprecedented in China, this power grab is likely part of a larger trend of leaders overstepping institutional boundaries to establish more control, Wesoky said. It is similar to Vladmir Putin's extended presidency, also achieved through constitutional amendments, and Donald Trump's attempt to deny election results in order to stay in office.

As for the United States, Wesoky pointed out that "democratic backsliding," a phenomenon that describes countries experiencing a decline in democratic policies, is likely to blame.

> People have been air-dropping oppositional posters to each other. Airdrop on iPhones is one of the few ways you can anonymously send things to people in China."
>
> —SHARON WESOKY
> Professor and Arthur E. Braun Chair in Political Science, Allegheny College

"We are also on the precipice of that in this country," Wesoky said.

As for China, Wesoky indicated that it is important to remember that differences in types of government are important factors informing how leaders act, and that China is not a democracy.

"In the 80s and early 90s there was some thought that China would evolve to become more open and more democratic," Wesoky said. "Tiananmen Square, 1989, showed that the Party never intended for China to evolve into a democracy."

Despite his unpopular ways of attaining power, Xi is well respected by some Chinese citizens.

"My family and parents think he did a very great job at stopping corruption," he said. "I think Xi is more progressive than former Chinese leaders."

Wesoky disagreed, as she explained how Xi has locked down China even more than previous leaders.

"There had been elements of more openness in Chinese society when (Hu Jintao) was in charge," Wesoky said. "That, Xi Jingping has pretty steadily closed down."

The student backed up Wesoky's claim, as they explained how restrictive China under Xi can be. Professors used to travel to teach and learn in other countries, they said.

"After Xi took his term, these kind of things are forbidden," they said.

Similarly, they said that learning opportunities are also very limited in China as compared to the United States.

"Learning in the U.S., I have more choice and can decide what to study in my own life," they said. "We don't offer creative writing courses in China because they don't want writers."

As for future policies in China, both professor and student agreed that it was unlikely to see Xi change his ways.

"I don't think that he is going to change his policies or any of his fundamental ideas about making China a stronger country," the student said. "He doesn't take the position because of his bloodline. He only takes the position because of his political ideas. If he is going to change his political ideas, he will lose power."

Halloween around the world

By **LOTTIE MATEYAK**
Science/International Editor
mateyak01@allegheny.edu

Halloween is a time of trick-or-treating, dressing up and telling spooky ghost stories for most people in the United States.

According to History.com, the celebration originated around 2,000 years ago from the Celts in Ireland, then called Samhain. The festival marked the end of the prosperous farming season and the beginning of the harsh winter, which often preceded much sickness and death.

The Celts believed this night to be when the boundary between life and death was thinnest, and that the dead could walk the Earth for this one night. Druids built huge bonfires and priests attempted to tell fortunes about the new year ahead.

The Halloween holiday has since changed dramatically, not only over time, but also based on location around the globe.

Puerto Rico native Alejandra Fernandez, '26, talked about the Halloween traditions she experienced all throughout her childhood. According to the Council on Foreign Relations, Puerto Rico has been a U.S. colony since 1898, which Fernandez attributes as the reasoning for many of the similarities.

"To be honest (Halloween) is more or less like here," Fernandez said. "We're colonies so we kind of get everything that you guys get."

Fernandez describes many of the same traditions that most Americans are familiar with: Getting out decorations, finding the perfect costume and going trick-or-treating on Halloween night.

"I've always gone trick-or-treating, and I think most of my friends have," Fernandez said. "I think it has always been a thing because my mom always went trick-or-treating."

Fernandez explained that, because Puerto Rico is a U.S. colony, they have many of the same stores that the United States has. Party City, Walmart and Costco are all familiar sights.

"Those are big supply companies," Fernandez said. "Every store has Halloween things since September. You walk in, you're like, 'Oh, it's Halloween. Let's just grab some things and just put them in our house.'"

While Puerto Rico has similar Halloween traditions to the United States, many other countries differ greatly in how they celebrate. Freya Lindqvist, '25, provided a Halloween perspective from Stockholm, Sweden.

"(Halloween) is definitely a bigger thing here. It's a huge thing," Lindqvist said. "It's a quite new tradition for us."

Lindqvist explained that Halloween came to Sweden around the 1990s and has slowly been gaining in popularity since then. She said that about 50% of Swedes take part in it now.

"(It's) sort of similar to what we are doing in the U.S.," Lindqvist said. "You dress up, (go) trick-or-treating … We don't do the Halloween decorations. You won't see houses lit up or graveyards on front yards."

Lindqvist also noted that Sweden does not generally participate in Halloween parades.

"In fact, I don't even know what that is," Lindqvist said.



Image source: **Openverse**

Jack-o-lanterns have become a mainstay of the Halloween season. The tradition was brought to the U.S. by Irish immigrants. "Jack O Lantern" by a4gpa is licensed under CC BY-SA 2.0.

Surrounding European countries seem to echo similar sentiments. Lucia Jueguen, '24, from Spain and Sasha Shafran, '25, from Ukraine explained their countries' Halloween traditions.

"There was also this thing where we come to the doors and be like, 'money or death,'" Shafran explained, comparing her experiences against American trick-or-treating. "The literal translation is 'money or death.'"

Shafran explained that Halloween celebrations in Ukraine are a much more toned-down version of what we experience here in the U.S.

"It's like generally not a huge celebration anywhere in Europe," Shafran said. "We just ignore it because we have other stuff going on, we are preparing for Christmas. Nobody does Halloween."

Juegen related similar observations from her home in Spain.

"Especially since a few years ago it is more Americanized," Juegen said. "We don't really celebrate it by dressing up or going trick-or-treating, that was not a thing in Spain. But now it is more and more."

Juegen explained that the transition into a more American Halloween has been a gradual one. She noted how her parents never went trick-or-treating, but it is now not unusual for some kids to.

She also noted the existence of another holiday, Todos Los Santos, or All Saints Day, celebrated on Nov. 1.

"Traditionally, people go to the cemetery to visit people in your family that have passed and bring flowers," Juegen said. "So that is, I guess, what makes it different from America."

Juegen also explained that there are certain regions of Spain that are more "pro-Halloween" than others, mostly having to do with the region's history and heritage.

"My region, Galicia, is tied to Celtics, like Ireland," Juegen said. "So we have some tradition related to that. But other parts of Spain, not really, because they're not Celtic."

Though Halloween is not widely celebrated in Spain, the Spaniards still love to dress up just as much as the next country.

"We also have Carnival in Spain. A lot of Latin American countries celebrate it," Juegen said. "That's our time to dress up. There's a parade in each town and people would dress up in groups."

While many countries have some degree of Halloween celebration present, many other, more religious countries actively avoid celebrating the holiday, as many traditions have somewhat demonic origins.

"There is absolutely nothing," said Dawit Kahesay, '24, regarding Halloween traditions in his home country of Ethiopia. "The only celebrations that are even akin to Halloween is our New Year's. We have a celebration where the kids do drawings and stuff like that and go door to door and sell them throughout the neighborhood."

Though Kahesay does not know of a clear reason why Halloween is not celebrated in Ethiopia, he was willing to share his ideas on the subject.

"I think it is mainly due to the religion in my country," Kahesay said. "(It is) very strongly Orthodox Christian, with a culture of Islam as well. They hate the season. It's like, 'Why are you celebrating this?'"

Kahesay explained that, to a country so rooted in its religion like Christianity, a holiday celebrating witches and ghosts and all things demonic did not really resonate well.

"They have trick-or-treating (supplies) in stores and stuff but the shelves are always full," Kahesay said.

Riya Agrawal, '23, also had different cultural insight on Halloween, as her entire family is Hindu, moving to the U.S. from Northern India.

"I, being born and raised in the States, always did Halloween as a little kid," Agrawal said. "But my grandfather was never a huge fan of Halloween because I guess Halloween can glorify horror and, like, just not looking at departed souls in a good light."

Agrawal explained that, because of the prevalence of the Hindu religion in India and Indian culture, celebrating Halloween is seen as disrespectful to those that have passed on. She said that this may be due to practices observed during Diwali, or the Festival of Lights, which is celebrated around the same time as Halloween.

Agrawal said that Chhoti Diwali, which is the time before Diwali, was a period of darkness and death for the Hindu people. It is often spent paying respect to the dead through fasting and prayer.

"Diwali itself is the day that one of our gods came back and all of the town and village lit up," Agrawal said. "It was celebrating that kind of a turn of that dark period."

Halloween, in turn, can seem like a disrespectful thing to celebrate during this time of remembrance and worship.

"It's not really celebrated in India and it's something that is quite frowned upon, truthfully," Agrawal said. "If you look at more modern India they do celebrate it, but if you kind of look back at our culture it's a little bit against that."

Nonetheless, Agrawal said that she likes Halloween, and is looking forward to it this coming weekend.

"I just love how creative people get. I think it's a great way to express yourself," Agrawal said.

ACO talks Food, Faith and Farming

By **ELANOR BONTA**

Features Writer

bonta01@allegheny.edu

Local dairy farm operator Chris Hemlock joined Allegheny Christian Outreach as a guest speaker on Tuesday, Oct. 18, to discuss not only how his farm is run, but how it changes eating habits and intertwines with his faith as a Christian.

Mollie Little, ACO adviser, gave Hemlock a brief introduction and explained how they met.

"When my kids were little, I was very mindful about what we were feeding them," Little said. "One day, I saw a business card that talked about raw milk. We started getting raw milk from this other farmer in Meadville and we loved her, but when she got married, she moved and took all of her cows. But by then we couldn't go back to store-bought milk. So, we discovered another raw milk farmer in Meadville."

Hemlock grew up in a Christian household, he explained, spending a lot of time in the Meadville's chapels. Later in life, he dropped out of college to start a construction business and married young, starting both a family and a farm.

However, in the early 2010s, his first wife passed away from cancer. After a year of mourning and focusing on his kids and work, he remarried.

"My current wife was actually a customer who frequently bought milk from us," Hemlock said. "I was already widowed when we met. And we started talking, and when my sister — who was staying with us at the time — mentioned she was widowed, so we got to know each other."

Afterwards, he started discussing the logistics of his farm and the sustainability that comes with it.

"What happens in farming is that you put up a fence and you just let the cows eat," Hemlock said. "By doing that, you're depleting the resources. You're not giving the grass time to regrow. And there are other plants that are stronger that the cows eat, but they have parasites. And then you have to give the cows antibiotics because they're sick. It's like a growing snowball of issues."

These issues are something that Hemlock wants to prevent. He has a large focus on the cows' well-being. Aside from that, he puts a lot of focus on raw — unpasteurized — instead of processed milk in order to focus on the customer's health instead of profits.

"I believe that the processing of foods has generally benefited longer shelf life and the store, but not necessarily the person who's buying it," Hemlock said. "So I feel that if we can provide food that is less processed, the nutrients that are there will not be diminished."

Hemlock also went into further detail about the economics of his farm. His costs are lower technically because the farm is not buying grains because he runs a grass-fed farm. Time-wise, because of his decisions to provide raw milk and to prioritize the cows' health, the farm does not provide meat as quickly as other dairy farms. Instead of the conventional two months, it takes about two years.

"We want to build a healthy animal so that we have a healthy customer," Hemlock said.

Following his presentation, a Q&A session opened up. Conversation centered more on his faith and how it integrated into his work and lifestyle.

"One thing that definitely stood out to me was the way he integrated his faith into his work," said Rebekah Rudd, '25.

Upon being asked about how God's character manifested through his work, Hemlock answered, "I see him as a provider. Sometimes you don't have enough grass, or the grass is too dry, but it always turns out alright. And although I've been my own boss my whole life, the only real boss I have is the Lord because only he controls the outcome of crops."

Following the presentation, Little revealed two loaves of banana bread she made and two gallons of Hemlock's milk. This gave a chance for club members and leaders alike to catch up and reflect.

"I feel like I saw connections between the sustenance we get from food and the sustenance we get from the Lord, and that life through death is always present," Danielle Gibson, '26, said.

> One thing that definitely stood out to me was the way (Hemlock) integrated his faith into his work."
>
> —REBEKAH RUDD
> Class of 2025

This just in...

With **SARAH BRAMMELL**

Comedy Columnist

brammells@allegheny.edu

Just in time for the Halloween season, "Terrifier 2" is making movie-goers puke and pass out across the nation. Written and directed by Damien Leone, the sequel follows Art the Clown as he absolutely eviserates every poor soul that crosses his path. "Terrifier 2" is playing at the Meadville movie theater, but we here at The Campus know that the college doesn't pay any of us enough to go and see a movie, so we have some free recommendations for things you can do around campus to get the full "Terrifier 2" fainting and vomiting expereince. You could stand in the first floor Vukovich women's bathroom and inhale the sewer fumes, or go into the Oddfellows basement and let the spirits — potentially emeritus professors, you decide — that roam there haunt you. You could even get dinner at Brooks. Have fun!

Now, we would like to hop across the pond to deliver some more unsettling news about a small town prankster who doesn't seem to be able to afford breakfast cereal. A resident of Halifax, England reported being awoken repeatedly by a stranger shouting the word "porridge" and singing porridge related nursery rhymes through his letterbox in the middle of the night. Despite his frequent visits, no actual porridge has been left on the man's doorstep. Starting tomorrow, there will be a small box in the Henderson Campus Center lobby labeled "Porridge Collection" to raise funds for this prankster to take his tomfoolery to the next level, which will be delivered to Halifax by Dean Binnington the next time he is in England.

And finally, we would like to come back to the States to report that Rorie Susan Woods of Longmeadow, Massachusetts was arrested on Wednesday, Oct. 19, for attacking police officers with a swarm of bees while they were carrying out an eviction. Woods has been charged with four counts of assault and battery with a dangerous weapon, while the bees have gotten off with a meager fine of $1 per member of the colony. Critics of the bees' actions are advocating for harsher penalties on the insects, though for now, it looks like they are flying under the law's radar.

One Love hosts workshop on healthy vs. unhealthy relationships

By **EVELYN ZAVALA**

Staff Writer

zavala01@allegheny.edu

One Love sponsored a viewing of a three-part film, "The Ghost Club," on Wednesday, Oct. 19, in Arter Hall 212. The film is centered on providing a clear view of examples of healthy and unhealthy relationships such as friendships, sibling dynamics and couples.

One Love is one of the organizations focused on healthy relationships on campus. According to the One Love website, it aims to educate about love because it is not a subject people have enough awareness about. The organization is on multiple campuses and provides resources for students such as the lists of healthy and unhealthy signs available at the event.

"The Ghost Club" follows the lives of Aidan, Omar, Isa and Tori as they hunt for ghosts while exploring their relationships with each other. The relationships featured were the friendship between Isa and Tori, the romantic relationship between Aidan and Omar, and the sibling relationship between Isa and Aidan. Each part included examples of unhealthy dynamics and many of them did not have resolutions.

Student Ambassador for One Love Alexa Isaguirre Portillo, '24, said the event's purpose was to showcase what a healthy relationship is and highlight the signs of what can lead to unhealthy relationships. She said the film's relationship problems were very obvious to the audience for the purpose of clarity and making sure students could have clear examples.

"People have commented to me that they have always learned at least one new thing from the workshop in terms of noticing the difference between communication and arguing with someone," Portillo said. "The one we showed at the workshop was more for high schoolers and was so that students could easily identify that kind of thing but we have shown more triggering films."

After the viewing, students were asked questions about what they understood from the film. The discussion was led by Student Ambassador Jared Contreras, '25, and Portillo. While One Love provided the questions, Contreras and Portillo chose questions that focused the most on boundaries and communication in relationships. Students were invited to share their personal experiences and assured that whatever was said in the room would stay there.

Aria Zong, '25, said the workshop was a positive experience for her because she was able to have a refresher on what unhealthy relationships look like and she felt comfortable sharing her experiences in the space.

"College actually is a great place to have these conversations whether you are a freshman or a senior because freshmen usually come to college and bring their relationships with them and they are more susceptible to unhealthy relationships," Zong said. "With the film, it was very obvious to me that the group was extremely toxic and felt like they could have resolved if they had given themselves the space to communicate properly and it was a very good reminder of signs."

Zong said the main takeaway for her came from the discussions and the handouts provided to the students because they were more in-depth about other relationship characteristics.

Leslie Briseno, '25, shared that she has noticed that people do not really talk about what healthy relationships look like and that toxic behavior has become consistently normalized on campuses and in general.

"We don't even really recognize unhealthy relationships on our own," Briseno said. "It was great to have this workshop because even when you are not in a relationship, you still have relationships with friends, family and peers. It doesn't have to be an intimate relationship so that it can be talked about."

Briseno also appreciated that LGBTQ+ relationships were represented and were a part of the conversation.

"The film provided a good perspective on LGBT relationships and it is not something that is really talked about so I would recommend students come here to discuss these topics on campus," Briseno said. "It benefits students to come here because they get to learn about themselves and hear other people's perspectives on relationships."

Contreras explained that he joined One Love to make a difference on campus in a way that he is able to.

"It may not be a widespread impact but I feel like just helping that one person realize they are in an abusive relationship … is a very good thing," Contreras said. "It could stop future cases of sexual assaults and domestic violence."

Contreras said One Love is still a new organization on campus and is set to have at least one workshop per month around similar topics and go further in depth.

> It benefits students to come here because they get to learn about themselves and hear other people's perspectives on relationships."
>
> —LESLIE BRISENO
> Class of 2025

DEEPly Sustainable Series combines sustainability, diversity and wellness

By **SAM HEILMANN**
Contributing Writer
heilmann01@allegheny.edu

In classic liberal arts style, Allegheny is hosting a new collaboration project between the Dean of Diversity, Equity and Inclusion and the Office of Sustainability. The series of events, named "DEEPly Sustainable" after its aim toward "deep" and "intentional" work within the two offices, is a months-long project that brings students together through conversation, collaboration and do-it-yourself workshops.

What started as a conversation between Director of Sustainability Kelly Boulton, '02, and Dean of DEI Heather Moore Roberson quickly expanded into a multi-event series, and has come to include individual student ideas and student groups along the way.

"There're so many intersections between sustainability and diversity, equity and inclusion and we haven't always done a really good job on campus of exploring those explicitly,"" Boulton said.

To explore these intersections, the DEEPly Sustainable events are based in conversations on culture and the sustainable practices that make up those cultures. The program "brings together a cross section of the student population that may not come to one event, but would come to another. It speaks to the beauty of intersectionality," Roberson said.

On Sept. 26, students took fresh ingredients from the student-run Carr Hall Garden to make salsa in honor of Hispanic Heritage Month. Not only was this a tie back to sustainability, as the ingredients were sustainably and locally sourced right here on campus, but the food also led to conversations of culture and tradition among students.

Nathalie Paz Saucedo, '25, is one student who has been involved from the start. After working in the Carrden over the summer and having conversations with Boulton, Paz Saucedo saw potential in the plants she was caring for daily. The vegetables in the Carrden reminded Paz Saucedo of family recipes, while herbs and flowers inspired ideas for sustainable body care products.

"It was pretty much me and (Boulton) going back and forth like, 'Oh we can make this, we can make that,'" she said. "What can we do with everything we have and also acknowledge people that are here on campus that don't get represented a lot?"

These conversations on sustainability and heritage tied back to culture, said Paz Saucedo. "A lot of the practices Indigenous people use are sustainable by nature because we learn how to work with the land instead of against it," she said. Rotating crops seasonally and propagating new plants from those originally growing in the Carrden, for example, are sustainable practices based in Indigenous tradition.

When applicable, the DEEPly Sustainable events are designed to highlight the cultural heritage month in which they fall. Hispanic Heritage Month was the inspiration for one of September's events, while Native American Heritage Month is the inspiration behind the November event. That event — which will take place in Grounds for Change at 5 p.m. on Nov. 10 — revolves around land acknowledgement.

"Culture and heritage is often linked to land, so as you depart from that connection to land, you lose a little bit of culture but you also lose a lot of sustainability," Boulton explained.

Not only are sustainability and culture related, but both tie in to conversations about wellness and identity. As Dean Roberson explained, "teaching people to care for themselves physically and internally; that is sustainability."

In terms of providing the right ingredients for sustainable wellness practices, the Carrden comes in handy again.

"We want to make these quality products really available to students, regardless of where you shop or your socioeconomic status," Boulton said.

With sustainable ingredients like herbs and flowers growing in the Carrden, it was a natural next step to prepare tea, decorations and body-care products for the coming months' events. October, for example, features a DIY body-care session on the 28th, from 1-5 p.m. in Tippie B010. Dec. 9 will feature a gift-making session — at the same location and time — with these ingredients, in which participants will "create and give thoughtful gifts that are not based in consumerism and wasteful habits," as Boulton described it.

While the events thus far have been led by the Offices of Sustainability and Diversity, Equity and Inclusion, Boulton and Roberson still hope to bring in other departments, clubs and educators to contribute to the program.

"Guest lectures, hands-on 'DIY' … the sky's the limit as to what we can do," said Dean Roberson.

One of the upcoming events incorporates a lecture from writer and educator Bry Reed on the legacy of June Jordan, an activist and author on the topics of feminism and Black identity. This event — set for Dec. 1 — is designed as just one entry point to bring in more students and educators.

"We're open, we're considering the future of what (this program) could look like," said Dean Roberson on adding new events to the program.

With the possibility of adding future educators and organizations to the project, paired with a variety of activities offered to engage all students, it is the hope of the creators that this series will carry on into the coming months.

"If this is something that we keep doing into the spring semester and then next year, this is a way for student groups that want to do programs to come pitch us ideas," Boulton said. "It doesn't need to be a top-down, we're very much about collaborating and bottom-up ideas as well."

With that in mind, students can not only attend the coming events for free, but contribute their own ideas as well. The four remaining events in place to wrap up the end of the year are designed to facilitate conversations on identity, culture and sustainability alike.

Cole takes one for Allegheny's teams at SAAC Field Day



SAMI MIRZA/THE CAMPUS
President Ron Cole, '87, takes two pies to the face at the SAAC Athlete Field Day on Oct. 25.

By **SAMI MIRZA**
Editor-in-Chief
mirza01@allegheny.edu

At exactly 2:40 p.m. on Tuesday, Oct. 25, two pies made direct contact with the face of President Ron Cole, '87, sending whipped cream and pie crust flying across the Gator Quad.

"It was a double pie hit, (my) first experience with a double pie hit, smothered on both sides of the head," Cole said, as he wiped dessert off his face with his sweater. "It was very quiet and then it became very tasty."

It was the afternoon of Gator Day and the pieing of the president served as the capstone moment for the Student Athletic Advisory Committee's Athlete Field Day.

"We wanted to promote not only our club, but school spirit in general," said SAAC Event Coordinator Sabrina Rodriguez, '25, at the close of the event. "A lot of people in the beginning really turned out and showed up, and everybody is still here and they're having a great time. I'm just happy overall."

SAAC Co-President Ella Swan, '23, added that Cole was very open to participating.

"We went to his office and we were like, 'hey, this is SAAC, this is our club, we want to bring more awareness (to athletics)' … and he said we could pie him!" Swan said. "That shows that, you know, our president is involved with the students and helped us with this."

Rodriguez, who delivered the pastry payload to Cole's face along with Swan, was not even sure that the president would agree to take a pie to the face for the event.

"I was not expecting him to say yes," Rodriguez said. "We were actually very hesitant to ask him in general, but he's very, very friendly, he's very fun, and I'm just happy he agreed to it."

Cole said that this was not the first time he had faced the business end of a sweet treat in his Allegheny career.

"When I was teaching Geology, we had a few events where I had the pleasure of eating pie off my face," Cole said. "It was my first double-pie hit though."

SAAC's mission is to strengthen connections between the wider campus community and the college's athletic teams. Though many in the club's leadership are athletes themselves, students from beyond Allegheny's 21 varsity teams are encouraged to join.

"If (students) ever want to come to a meeting and support your athletes on campus, just please come to any of our events in the next year," Rodriguez said.

On the quad, attendees enjoyed free pizza and played l awn games, including cornhole, spikeball, tug-of-war and egg toss.

In egg toss, players line up opposite a partner and throw an egg back and forth, with the last team to not drop and break their egg declared the winners. However, after every completed toss, one of the two partners takes a step back, lengthening the distance of each throw.

In one round of egg toss, Jean-Arlette Legrand, '24, and Chance Hager, '26, mounted an impressive streak of safe egg throws. By the time their egg met its inevitable end splattered across the sidewalk, Legrand was standing near the picnic tables outside McKinley's and Hager was stationed near the middle of the quad — a distance of more than 20 feet.

While most broken eggs shattered on sidewalks, a few students found themselves sporting the sticky yellow of egg yolk on their arms and shirts as an egg was thrown too hard or caught too firmly.

Some students tested their strength against each other in tug-of-war, while others formed teams for spikeball and cornhole.

"It's pretty fun so far, yeah," said Alexys Paola, '26, midway through a spikeball match. "I'm getting a good sweat in."

Paola was at the event with his roommate, Brooklaun Gordon, '26, who also liked the opportunity to get out and meet other students.

"I feel like this is a good way to bring together the Allegheny community, have fun, have some food together," Gordon said.

Apart from the lawn games, students could enter a raffle to win either GFC gift cards or a small speaker.

Paola and Gordon entered the raffle together to double their chances of winning.

"If I don't win the speaker and (Paola) does, it's okay, because we're roommates," Gordon said.



SAMI MIRZA/THE CAMPUS
Makell Logan, '25, dives during a game of spikeball as Orion Grieco, '25 (far left), Brooklaun Gordon, '26, (left) and Alexys Paola, '26, look on.



SAMI MIRZA/THE CAMPUS
Cole licks the remnants of the pies off his face.



SAMI MIRZA/THE CAMPUS
Jean-Arlette Legrand, '24, blinks at the moment she catches an egg thrown by Chance Hager, '26. Legrand and Hager were unstoppable in the egg-toss game, reaching a distance of more than 20 feet.

Cross Country laces up for PAC Championship

By **KYLE CHANDLER**
Sports Editor
chandler01@allegheny.edu

Allegheny's men and women's cross country are headed to the Presidents' Athletic Conference Championship on Saturday, Oct. 29, at Saint Vincent College in Latrobe, Pennsylvania. The women will compete in a 6,000-meter race beginning at 11 a.m., preceding the men's 8,000-meter race an hour later.

"We're just ready to come in and show them who Allegheny is," said Sean Heintzleman, '24.

Both teams look to the weekend with excitement after performing well this fall.

The men are coming off a runner's high, placing first out of 15 competing schools in the Connecticut College Invite on Oct. 15. Juxtapositionally, the women's team placed 11th out of 22 schools.

Two weeks, prior both teams hit the road to compete in the State University of New York Geneseo Mike Woods Invitational on Oct. 1, where the women finished fifth of 20 teams, and the men finished 16th of 24 teams.

Both of these events included multiple nationally ranked opponents and brought some of the best talent in the country to two out of state events for the Gators.

"It definitely humbles you," Nelly Stafford, '25, said. "Seeing all these fantastic girls and great competition, it really puts into perspective why we're all here and makes you work extra hard."

The season began at the Westminster Fisher Invitational on Sept. 2, where the women opened with a first place finish en route to dominating four other schools by the clock. The men finished in fifth place out of six schools, but followed with a podium placement in the Allegheny Classic on Sept. 17, taking home second place out of eight schools. The women complimented the men during the Classic with a second place finish of their own, competing against six other schools.

Heintzleman has been a strong producer during his tenure at the college, earning First-Team All-North Coast Athletic Conference honors last year. This year has been no different. During the team's first- and second-place finishes this season, he was atop of the results list — placing second overall during the Connecticut Invite and fourth overall for the Allegheny Classic.

His podium performance earned him PAC Runner of the Week, while also being the first Gator to cross the finish line. Heintzleman stated he would love a first place finish for himself this weekend, but earning the team win is where it counts the most.

"Our training is specifically designed to peak for the conference meet," Heintzleman said. "I don't think a win is out of our realm whatsoever."

Both teams for Allegheny have put in an astronomical amount of hours to prepare for this event. The Gators have implemented a rigorous training regimen that is designed for runners to keep their endurance up, while foregoing the "burn out" some athletes feel throughout a long season.

What separates Allegheny from other schools around the conference is their mileage running. It is exactly as it sounds: running for miles on end to train the team's mental approach to their events — including the toughness to get through a long race.

The Gators do not race as much as other schools in the fall and they do not start their interval training until later in the season. All of this is to maximize their potential for this weekend, taking a "build up" approach to save all their strength for the event that matters most to them.

"You can get good really quickly," Heintzleman said. "But racing too much, our training is designed so that we don't burn out and that we're ready for the end of the season."

Heintzleman is not the only runner who has bought into the congregation that bleeds blue and gold. Caleb Freeman, '26, has also been a consistent product for the Gators throughout his first year, most recently placing fifth in the Connecticut College Invite.

Freeman's hard work was honored as he received Rookie of the Week with a PR time of 26:29:4. His dedication is shown through his commitment to the team and himself, as Freeman is moving through the week with confidence.

"I usually try to aim for 12 to 14 miles," Freeman said while discussing his training. "It's definitely a long day, but I think it comes into play getting through that race fast knowing that I've done longer runs and my body is ready for it."

Stafford has also competed well for the Gators this year. She was the team's best runner to compete in the first two events of the season, and emphasized pushing the team hard during workouts and on the course.

"We always push each other," Stafford said. "It's been such a positive environment."

For the first time in 38 years, Allegheny will compete in the PAC Conference Championship once again after returning from the NCAC this summer. The Gators will look to impress the field, and finish well as their regional competitions for the Division III National Championship is just around the corner in Holland, Michigan on Nov. 12.



Photo contributed by **Gator Athletics**
Caleb Freeman, '25, running at the Conneticut College Invite. Freeman finished in 5th overall with a time of 26:29:4, and was the second Gator to cross the finish line.

Phi Kappa Psi enlists students to bump, set and spike for a cause

On Saturday, Oct. 22, the fraternity Phi Kappa Psi hosted a volleyball tournament to raise awareness for breast cancer. Six teams of five students signed up to play and paid the $30 entry fee. The event raised $385 in total. Funds were donated to the Susan G. Komen Foundation, which has donated nearly $1.1 billion toward breast cancer research since 1982.

"Everyone came together to have fun and support a good cause."

—AUSTIN REARDON
Class of 2023



SAMI MIRZA/THE CAMPUS
Allegheny students gear up to compete in the Phi Kappa Psi-hosted Breast Cancer Awareness Tournament.



SAMI MIRZA/THE CAMPUS
Alex Hau, '24 reaches to spike the ball as Noel Oullette, '24 dodges out of the way.



SAMI MIRZA/THE CAMPUS
Blake Neiderlander, '24, aims for the ball during a match as Nathan Jyachosky, '25, looks on and Ethan Junkin, '24, signals as referee.



SAMI MIRZA/THE CAMPUS
Elizabeth Readshaw, '24 (left), high-fives Savannah Willis, '23, following a match.