Ida Tarbell

This self-expression of which we talk frequently is as it is interpreted today, by and large, particularly by youth only a camouflaged term for self-indulgence. It is a license for you to do as you please, follow every impulse, appetite, expression, regardless of the inevitable effect of the cause.

There is no real self-expression except self-discipline, no achieved result excepting whipping ones into orderly efforts, keeping ones appetite atune to legitimate uses.

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