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Predicting internal phosphorus loading in stratified lakes

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Abstract

The ability to predict internal phosphorus loading in stratified lakes has been given new urgency by the realization that traditional best management practices to control external loading have limited effectiveness. We tested the hypothesis that lake sediments with molar Al:Fe ratios greater than 3 would release very little P (Kopáček et al. 2005). We fractionated operationally-defined species of phosphorus, aluminum, and iron in the profundal sediments from a diverse collection of lakes, and sought predictive relationships with previously determined phosphorus release rates from these same sediments. Our results suggest that sediments with Al:Fe molar ratios greater than 3 release negligible amounts P, and that in sediments with Al:Fe ratios less than 3, P release is significantly correlated with the concentrations of reductant-extractible P and the contribution (%) of NaOH-extractible P. We constructed a decision tree model to enable lake managers to anticipate the magnitude of internal P loads in lakes undergoing increased watershed development or changes in thermal stratification and subsequent anoxia due to climate change.

Key Words: Internal P loading, P fractionation, Al:Fe ratio, sediments, eutrophication

Introduction

33
34 Forty years ago the late Frank Rigler and his students developed a series of empirical models that would enable
35 limnologists and lake managers to predict the consequences of changes in phosphorus loading in lakes (Dillon and
36 Rigler 1975). Their goal was to predict spring turnover phosphorus concentration and its consequences (summer
37 average chlorophyll, Secchi disk transparency, areal hypolimnetic oxygen deficit, etc.) from readily measured or
38 easily obtainable variables such as lake area, annual discharge, watershed land use, etc. many of which could be
39 extracted from maps without the need for field visits to the lakes. The approach was novel at the time, and its
40 successes spawned a large body of empirical research that enabled the prediction of a variety of lake trophic
41 characteristics (see Peters (1986) for a summary). The ability to predict the consequences of increases or decreases
42 in [P] became the basis for much lake management effort. It allowed the consequences of proposed development,
43 for example, to be estimated in advance, and it allowed more realistic remediation targets to be set for lake
44 restoration. On the whole, the approach has been a remarkable success. However, there have been a number of
45 lakes where decreases in P loading have not resulted in predicted improvement in lake trophic status. Jeppesen et al.
46 (2005) presented the results of phosphorus loading reduction in 35 lakes and concluded that the lake recovery period
47 often exceeded three times lake hydraulic retention time (three retention times are needed to flush 95% of the lake's
48 mass of dissolved P) by an order of magnitude or more. The lingering disparity between predicted and realized
49 trophic state was attributed to the phenomenon of internal P loading from sediments. Further, there have
50 undoubtedly been instances where the consequences of development on P concentrations have far exceeded what
51 was anticipated, again, due to internal loading, although data are conspicuously lacking here since most studies are
52 concerned with lake remediation, rather than degradation.

53
54 The phenomenon of internal loading of P from sediments was not fully appreciated at the time Rigler's models were
55 developed. However, once the implications for internal P loading were recognized, several attempts were made to
56 identify the causal mechanisms with the goal of prediction. The paradigm for internal loading of P from the
57 sediments of stratified lakes argues that during periods of anoxia, redox-mediated shifts in the solubility of Fe-bound
58 P species creates a concentration gradient between sediment interstitial water and the overlying hypolimnion.
59 Dissolved P accumulates in the hypolimnetic water mass and is transferred to the epilimnion by diffusion or mixing,
60 or is directly accessed by vertically migrating phytoplankton (James et al. 1992, Gervais et al. 2003, Molot et al.

61 2014) Consequently, attempts to predict internal loading focused on the concentration of Fe-bound P in the
62 sediments, and the duration of the anoxic period. However, many studies have shown rates of P release are highly
63 variable, even in sediments with high concentrations of Fe-bound P (Nürnberg et al. 1986, Ostrofsky et al. 1989,
64 Prairie et al. 2001), and although the models that have been developed have statistical significance (e. g. , Nürnberg
65 et al. 1986), none has had sufficient predictive power to be useful in predicting the likelihood or the magnitude of
66 internal P loading.

67

68 Interest in internal loading has been given a new urgency by the recent evaluation of the ineffectiveness of
69 traditional best management practices (BMPs) such as vegetated shoreline buffers, artificial wetlands, detention
70 basins, etc. A critical meta-analysis of these and other common BMPs (Osgood 2017) argues that efforts to prevent
71 or reduce internal loading are more cost-effective than BMPs in preserving or enhancing water quality of lakes. The
72 ability to predict internal P loading rates would be especially useful under at least two common scenarios. First, in
73 lakes where further development is anticipated (e. g., expanded or intensified agricultural land use, urbanization,
74 etc.) increased external P loading can accelerate the rate of hypolimnetic oxygen depletion (Cornett and Rigler 1980)
75 leading to a longer and more severe anoxic period that would induce new, or increase existing internal loading.
76 Second, the “browning” of lakes as a result of decreased atmospheric S deposition and increased runoff due to
77 global climate change (Monteith et al. 2007, Finstad et al. 2016) leads to stronger and longer thermal stratification
78 (Williamson et al. 2015) and lakes that previously had no or only mild hypolimnetic anoxia may experience internal
79 loading for the first time.

80

81 Kopáček et al. (2005) have argued that the presence of naturally occurring aluminum hydroxides may be responsible
82 for some of the variability seen in anoxic P release rates. Aluminum has a high sorption capacity for P in the
83 sedimentary matrix and is not susceptible to redox-mediated dissolution, thereby binding P in the sediments
84 permanently. Lakes with sufficient quantities of aluminum hydroxides in their sediments would display much lower
85 release rates than lakes with less aluminum. They used a sequential extraction procedure to analyze P, Al, and Fe
86 fractions in a collection of European and North American lake sediments. Measured fractions included
87 bicarbonate/dithionite (BD) that extracts reductant soluble P and Fe, and NaOH that extracts Al and Al-bound P.

88 Their data showed that 1) in lakes with elevated Al input from acidified soil most of the extractible P was released in
89 the NaOH fraction, whereas in non-acidified lakes most P was released in the BD fraction; 2) that in P-spiked
90 sediments most added P was recovered in the NaOH fraction in Al-rich lakes, but in the BD fraction in Al-poor
91 lakes; and 3) that sediments enriched with Al saw decreases in BD-extractible P and increases in NaOH-extractible
92 P. Kopáček et al. (2005) conclude that in lakes where the sediment molar ratio of Al:P is greater than 25, or Al:Fe
93 is greater than 3, most P will be associated with aluminum hydroxides and will not be susceptible to redox-mediated
94 release. The Al:P hypothesis has been tested by James (2011), and by James and Bischoff (2015) in Half Moon
95 Lake, Wisconsin and in a collection of sediments from Minnesota and Wisconsin lakes subjected to experimental
96 alum addition. Here we test the Al:Fe hypothesis by re-examining the P release rates from the profundal sediments
97 of 57 natural lakes from eastern glaciated North America under standardized conditions (Ostrofsky et al. 1989) and
98 reanalyzing archived subsamples of those same sediments using a sequential extraction technique that allows
99 partitioning of P between iron-bound (BD-extractable) and aluminum-bound (NaOH-extractable) fractions. Further,
100 we examine the variability of Al:Fe ratios with increasing water depth in the sediments to two lakes.

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Methods

103
104 We used P release rate data as a measure of potential internal loading from a 57-lake data set compiled by Ostrofsky
105 et al. (1989). In summary, surficial profundal sediments were collected from natural lakes from eastern glaciated
106 North America. The data set included 5 lakes from the Algonquin Park/Haliburton region of Ontario, 20 from
107 Connecticut, 18 from Vermont, 8 from Pennsylvania and 6 from New York. These lakes spanned the trophic
108 continuum ranging from 5 to 111 $\mu\text{g}\cdot\text{L}^{-1}$ spring total phosphorus and from 0.11 to 2.87 $\text{meq}\cdot\text{L}^{-1}$ alkalinity. They
109 ranged in size from 7 to 556 ha, and drainage basin:lake area ratio from 2.4 to 393. Sediment collected from each
110 lake was partitioned, and a fresh fraction used to determine P release rate under anoxic conditions, and an oven-
111 dried fraction used for chemical analyses.

112
113 *Chemical analyses* – We reanalyzed the archived sediment samples previously described by Ostrofsky (1987) using
114 a slight modification (Hupfer et al. 1995) of an extraction technique described by Psenner et al. (1988). The
115 extraction sequence used 1 M NH_4Cl (interstitial dissolved P and loosely adsorbed P), 0.1 M bicarbonate/dithionite
116 (BD) (redox-sensitive P, largely iron-bound), 1 M NaOH at 25 °C (P bound to oxides of Al and some Fe not
117 extracted with BD), 0.5 M HCl (calcite- and apatite-bound P), and finally 1 M NaOH at 85 °C (mostly organic-
118 bound P). This latter technique allowed the separation of iron-bound and aluminum-bound P species that the
119 former technique did not. Iron and aluminum were measured colorimetrically on both the BD and $\text{NaOH}_{25\text{ }^\circ\text{C}}$
120 extracts using the colorimetric technique described by Kopáček et al. (2001).

121
122 *Lake and sediment characteristics and P release rates* – Chemical and physical characteristics of the 57 lakes and
123 their sediments have been described previously (Ostrofsky 1987) and P release rates have been reported (Ostrofsky
124 et al. 1989). In brief, sediments were contained in dialysis membranes, incubated in anoxic distilled water, and P
125 concentrations in that incubation water measured daily (see Ostrofsky et al. 1989 for details). Release rates are
126 given as $\mu\text{g P}$ released from 25 cm^3 contained sediment per day ($(\mu\text{g P}\cdot 25\text{ cm}^3\cdot\text{day}^{-1})$).

127

128 We sought empirical relationships that would predict release rates from lake characteristics and sediment
129 characteristics described above (BD-Fe, NaOH-Al, NH₄Cl-P, BD-P, NaOH₂₅-P, HCl-P, and NaOH₈₅-P).

130

131 *Variation in aluminum and iron with lake depth* - To measure the variability of Al and Fe in lake sediments we
132 sampled surficial sediments at various locations along several transects across Conneaut Lake and Lake Pleasant,
133 northwestern Pennsylvania. Both lakes are mesotrophic with mid-summer TP around 15 µg/L. We sampled only
134 where water depth exceeded thermocline depth in order to assess those sediments likely to be overlain by anoxic
135 water during summer stratification. Overall, we collected 30 samples from Conneaut Lake ranging in water depth
136 from 6.7 to 18 m, and 34 samples from Lake Pleasant ranging in water depth from 5.8 to 13.4 m. Iron and
137 aluminum were measured on the BD and NaOH extracts, respectively, using the colorimetric method (Kopáček et al.
138 2001).

139

140

Results

141 *Distribution of P species, Fe and Al in lake sediments* – Total extractable P (NH₄Cl-P + BD-P + NaOH₂₅-P + HCl-P
142 + NaOH₈₅-P) ranged from 434 to 3474 ug·g⁻¹ sediment dry weight (mean = 1261, SE = 9.17). There was no
143 relationship between total extractable P and lakewater spring TP (r = 0.16). The variability in total extractable P
144 among the lakes, as measured by coefficient of variation, was very much less than the variability in the component
145 P fractions suggesting that lakes across a trophic continuum have sediment P that is more similar quantitatively than
146 qualitatively. Mean contributions from NH₄Cl-P, BD-P, NaOH₂₅-P, HCl-P and NaOH₈₅-P were 1.3, 30.0, 37.7,
147 35.5, and 5.6% of total extractable P, respectively, although there was considerable variation among lakes (Table 1).
148 Mean BD-extractable Fe was 13,869 µg Fe·g⁻¹ sediment dry wt. and mean NaOH-extractable Al was 4,476 µg Al·g⁻¹
149 sediment dry wt. (Table 1).

150 Much of the variation in sediment chemistry could be explained by differences in lake characteristics. The ratio of
151 drainage basin area to lake area (A_d/A_o) was strongly correlated with HCl-P, both as mass (µg P·g⁻¹ sediment dry
152 wt.) and as percent of total extractable P (r = 0.63 and 0.45, respectively, p < 0.001). Lake water alkalinity (meq·L⁻¹)
153 was negatively correlated with NaOH-P, both as mass and as percent of total extractable P (r = -0.50 and -0.62,
154 respectively), negatively with NaOH-Al (r = -0.62) and Al:Fe molar ratio (r = -0.46), and positively with BD-P as a
155 percent of total extractable P (r = 0.59), in all cases, p < 0.001. BD-Fe was not correlated with any lake
156 characteristic, but was correlated with other sediment chemical variables. BD-P and BD-Fe were significantly
157 correlated (r = 0.65, p < 0.001), but the predictive power of the relationship was compromised by several outliers
158 with anomalously high concentrations of BD-P above BD-Fe concentrations of 20,000 µg·g⁻¹ sed dry wt. There were
159 no significant correlations between lake water alkalinity and either BD-P or BD-Fe.

160

161 *Phosphorus release rates* – P release rates (0.06 – 27.12 µg P·25 cm³·day⁻¹) were negatively correlated with the
162 Al:Fe molar ratio (r = -0.65, p < 0.001), negatively with %NaOH₂₅-P and %NaOH₈₅-P (r = -0.33 and -0.37,
163 respectively, p < 0.01) and positively with total extractable P (r = 0.35, p < 0.01) and BD-P (r = 0.50, p < 0.01).
164 Sediments with a ratio greater than about 3 all had very low release rates suggesting that lakes with similar
165 sediments would not be plagued by high rates of internal P loading (Black, Brewer, Little McCauley, May,
166 Peacham, West Side, and Wolcott). However, many sediments with Al:Fe molar ratios less than 3 also have low

167 rates of P release. Removing the seven sediments with Al:Fe >3 and examining the remainder in isolation we found
 168 that P release rates were most strongly positively correlated with BD-P and %BD-P ($r = 0.44$ and 0.59 , respectively,
 169 $p < 0.001$) and the strongest negative correlation was with %NaOH₈₅-P ($r = -0.39$, $p < 0.01$). Although the
 170 correlation was weaker between release rate and BD-P than it was with %BD-P, the data were more tightly clustered
 171 with the exception of 5 outlying sediments (Caspian, Findley, Harvey's, Shadow, Sugar lakes, Figure 2). These 5
 172 outlying sediments are unique in that they have anomalously high concentrations of BD-P, both in terms of mass and
 173 as percent of total extractable P, and anomalously low contribution of NaOH₈₅-extractable P (Table 2). Removing
 174 these 5 sediments from the data set, remaining release rates showed significant positive correlations with BD-P and
 175 %BD-P ($r = 0.69$ and 0.63 , respectively, $p < 0.001$), and significant negative relationship with Al:Fe ($r = -0.46$, $p <$
 176 0.001), %NaOH₈₅-P and %NaOH₂₅-P ($r = -0.29$ and -0.29 , respectively, $p < 0.05$) Graphing P release rate of these
 177 remaining sediments as a function of BD-P gives the model:

178 Release Rate ($\mu\text{g P} \cdot 25 \text{ cm}^{-3} \cdot \text{day}^{-1}$) = $0.0256 * \text{BD-P}$ ($\mu\text{g} \cdot \text{g}^{-1}$ sediment dry wt.) + 0.0327 $r^2 = 0.40$ [1]

179 A similar model with % BD-P gives:

180 Release Rate ($\mu\text{g P} \cdot 25 \text{ cm}^{-3} \cdot \text{day}^{-1}$) = $0.3154 * \% \text{BD-P} - 0.8417$, $r^2 = 0.40$ [2]

181 Using combinations of the above 5 factors (BD-P, %BD-P, Al:Fe, NaOH₂₅-P, NaOH₈₅-P) with the strongest
 182 correlation resulted in a step-down multiple regression models with r^2 values between 0.40 and 0.49. The model
 183 with the greatest predictive power was:

184 Release Rate ($\mu\text{g P} \cdot 25 \text{ cm}^{-3} \cdot \text{day}^{-1}$) = $0.027 * \text{BD-P}$ ($\mu\text{g} \cdot \text{g}^{-1}$ sed. dry wt.) - $0.047 (\% \text{NaOH}_{25} \text{P}) + 2.028$
 185 $r^2 = 0.49$ [3]

186

187 *Distribution with Depth* – In the two lakes we examined we found that both Al and Fe in the surficial sediments
 188 individually increased with increasing water depth, however Fe increased more rapidly. The result was that the
 189 molar ratio of Al:Fe declined significantly with increasing depth (Figures 3 and 4).

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Discussion

Our results support the conclusions of Kopáček et al. (2005) that lakes with sedimentary aluminum to iron molar ratios in excess of ~3, and perhaps as low as 2.5, will have very low rates of internal loading. The relationship between P release rates and Al:Fe in our sediments appears to be hyperbolic, although fitting a hyperbolic regression to the data would not lead to reliable predictions since the change in P-release at low Al:Fe ratios is steep, and slight changes in Al:Fe lead to large changes in release rate. Instead, we examined those sediments with Al:Fe < 3 that also had very low P release rates and asked if these sediments had some attributes markedly different from those with greater release rates. We compared the means of this former group to those of the latter and found no differences with respect to either the concentrations or the percent contribution of the 5 P fractions. There were also no significant differences in comparisons of mean Al, Fe, alkalinity, S, or drainage basin:lake area ratio. So we are left with the hypothesis that in lakes with sedimentary Al:Fe molar ratios greater than ~3 internal loading of P from the sediments will not be significant. In lakes with sediment ratios below 3, release rates are highly variable. These latter sediments were examined in isolation and two groups emerged. In one group, P release rates were significantly correlated with reductant-soluble P (BD-P). This result is consistent with the model proposed by Nürnberg (1988) based on P release from incubated sediment cores from 7 diverse lakes, with the data presented by James (2011) based on 10 sediment samples from Half Moon Lake, and is also consistent with the paradigm that redox-mediated shifts in the solubility of iron is the prevailing mechanism for internal P loading in lakes. In the other group there was no such correlation, and members of this group were characterized by very high BD-P, both as mass and as percent of total extractable P, and with very low concentrations of %NaOH₈₅-P. We speculate that a possible reason these sediments have lower P release than their BD-P concentrations would suggest is due to the nature of the organic matter present. While these sediments have significantly lower NaOH₈₅-P than the other sediments, they do not differ with respect to total organic matter as measured by loss on ignition (LOI, data in Ostrofsky 1987). These observations suggest that the organic matter is largely allochthonous material, rich in humates, with low P content. This organic matter may provide binding sites to recapture P released from iron oxyhydroxides under anaerobic conditions (de Vicente et al 2008).

218 Our data present two arguments for caution in predicting P release rates from BD-P concentrations alone. The first
219 is that some lakes may have high concentrations of BD-P yet also have Al:Fe > 3. In our collection of 57 lake
220 sediments, the 7 with Al:Fe > 3 had BD-P concentrations as high as 224 $\mu\text{g P}\cdot\text{g}^{-1}$ sediment dry wt. but there were
221 also 24 other sediments with lower concentrations but with higher P release rates. In this case, predicting P release
222 from BD-P alone would result in an overestimate. The second argument is that sediments with P-poor organic
223 matter may not have high release rates in spite of high concentrations of BD-P, again resulting in an overestimate.
224 Consequently, based on our sample of 57 diverse lakes we used a decision tree analysis to model P release rates
225 (Figure 5). Lake sediments with Al:Fe molar ratios > 3 have little or no P release. Lake sediments with Al:Fe less
226 than 3 and with BD-P concentrations above $1000 \mu\text{g}\cdot\text{g}^{-1}$ sediment dry wt. and $\%\text{NaOH}_{85}\text{-P} < 2.5$ were very similar
227 having a mean P release rate of $15.4 \pm 0.68 \mu\text{g P}\cdot 25 \text{ cm}^{-3}\cdot\text{day}^{-1}$. In lake sediments with Al:Fe less than 3 and with
228 BD-P concentration less than $1000 \mu\text{g}\cdot\text{g}^{-1}$ sediment dry wt. and $\%\text{NaOH}_{85}\text{-P} > 2.5$ P release rates were best
229 described by a multivariate model (equation [3]) using BD-P concentration and $\%\text{NaOH}_{25}\text{-P}$ as independent
230 predictors.

231 Our correlation analyses suggest that there is no relationship between lake trophic status measured as TP_{spr} and
232 either total sediment P (Ostrofsky 1987) or total extractable sediment P. However other lake characteristics did
233 influence the distribution of chemical P species present. HCl-P, which is assumed to be P associated with Ca was in
234 greatest concentrations in those lakes with highest alkalinity, measured as $\text{mg}\cdot\text{L}^{-1} \text{CaCO}_3$, where biogenic
235 precipitation of Ca-P compounds is common (Dittrich et al. 1997) and in those lakes with largest A_d/A_0 presumably
236 due to greater watershed stream channel length leading to more erosion and delivery of detrital apatite to the lake.
237 Lakes with low alkalinity inhabit watersheds with poorly buffered soils more likely to export mobilized Al.
238 Consequently, these lake have higher concentrations of Al, and Al-bound P, extracted as NaOH-Al and NaOH-P,
239 that in turn affect the Al:Fe ratio. In general then, lakes in poorly buffered basins would be more likely to have low
240 rates of P release from anoxic sediments due to their sediments being richer in Al, with higher Al:Fe ratios.

241

242 Our absolute flux rates are not directly transferable to lakes however. The geometric effects of containing
243 sediments within a dialysis membrane with high surface to volume ratio relative to in situ benthic sediments are
244 unknown. Nevertheless, the patterns we observed have some immediate application to lake management. First, our

245 results indicate that the molar ratio of Al:Fe appears to be a function of depth, at least in the two lakes we examined.
246 In both Conneaut Lake and Lake Pleasant we observed a significant decrease in this ratio indicating that shallow
247 hypolimnetic waters would require less alum or poly-aluminum chloride to effectively curtail internal P loading than
248 deeper hypolimnetic regions. Aluminum treatment efforts tailored to depth-specific Al:Fe ratios could potentially
249 result in lower management costs for lake remediation. Second, in lakes with high Al:Fe sediment ratios lake
250 managers could have more confidence that external P load reductions or increases would result in predictable
251 changes in lake trophic status without having to second guess the effects of internal P loading. And finally, in lakes
252 low Al:Fe sediment ratios the relative magnitude of sediment P release could be anticipated given the results of
253 sediment P fractionation.

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316 Ecological consequences of long-term browning in lakes. *Scientific Reports*. Doi: 10.1038/srep18666

317

318 Table 1: Characterization of the sediment samples. All P species, Fe and Al reported as $\mu\text{g}\cdot\text{g}^{-1}$ sediment dry wt.

	NH₄Cl-P	BD-P	NaOH₂₅-P	HCl-P	NaOH₈₅-P	Total Ext-P	BD-Fe	NaOH-Al
Low	0.8	43.1	71.0	22.5	34.5	434	1702.4	1663.2
High	59.5	2182.4	1692.2	1120.4	139.3	3474	59436	7845.9
Mean	12.6	410.6	477.2	299.6	61.9	1261	13869.2	4476.1
Std Error	1.4	53.7	41.5	30.1	2.8	9.2	1423.9	217.4

319

320 Table 2: Five outlying sediments on Figure 2 (from Caspian, Findley, Harvey's, Shadow and Sugar lakes) have
 321 significantly higher mean concentrations (\pm s. e.) of BD-P (t-test, $p < 0.001$), % BD-P ($p < 0.001$) and significantly
 322 lower contribution from NaOH₈₅-P ($p < 0.005$) than the remaining 59 sediments. BD-P in $\mu\text{g P}\cdot\text{g}^{-1}$ sediment dry wt.

Sediment	BD-P	%BD-P	%NaOH₈₅-P
5 Outlying Sediments	1681 \pm 203	63 \pm 2	2 \pm 0.2
Remaining 59 Sediments	303 \pm 24	27 \pm 2	6 \pm 0.3

323

324 Figure Legends

325 **Fig 1** The relationship between the molar ratio of NaOH-extractable Al and BD-extractable Fe and phosphorus
326 release rate for 57 lake sediments

327 **Fig 2** The relationship between buffered dithionite-extractable-P and phosphorus release rate from sediments of 50
328 lakes with Al:Fe < 3.0. The 5 outlying sediments all have anomalously high concentrations of BD-P (>1000 $\mu\text{g}\cdot\text{g}^{-1}$)
329 and low contributions from NaOH₈₅-P (< 3% total extractable P). The remaining 45 sediments are correlated with
330 BD-P ($r = 0.69$)

331 **Fig 3** Molar ratio of Al:Fe as a function of water depth in Lake Pleasant based on 34 sediment samples

332 **Fig 4** Molar ratio of Al:Fe as a function of water depth in Conneaut Lake based on 30 sediment samples

333 **Fig 5** Decision tree that best explains the rate of phosphorus release rates from the 57 lake sediments analyzed

334

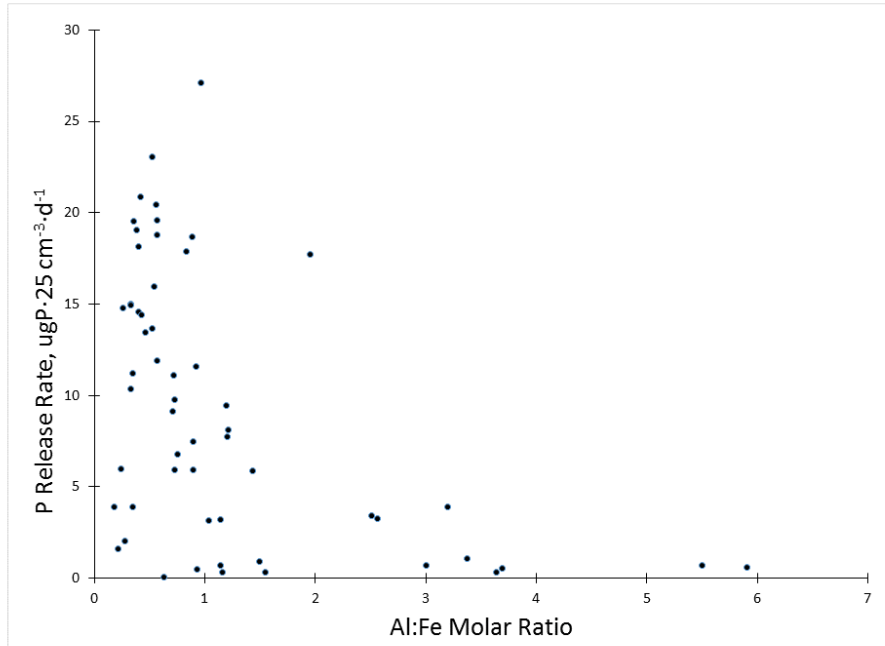
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336 Appendix Legend

337 Raw data from analyses of lake sediments. All concentrations (P species, Al, and Fe) in $\mu\text{g}\cdot\text{g}^{-1}$ sediment dry wt.),

338 TP_{spr} in $\mu\text{g}\cdot\text{L}^{-1}$, and P release rate in $\mu\text{g P}\cdot 25\text{ cm}^{-3}\cdot\text{day}^{-1}$.

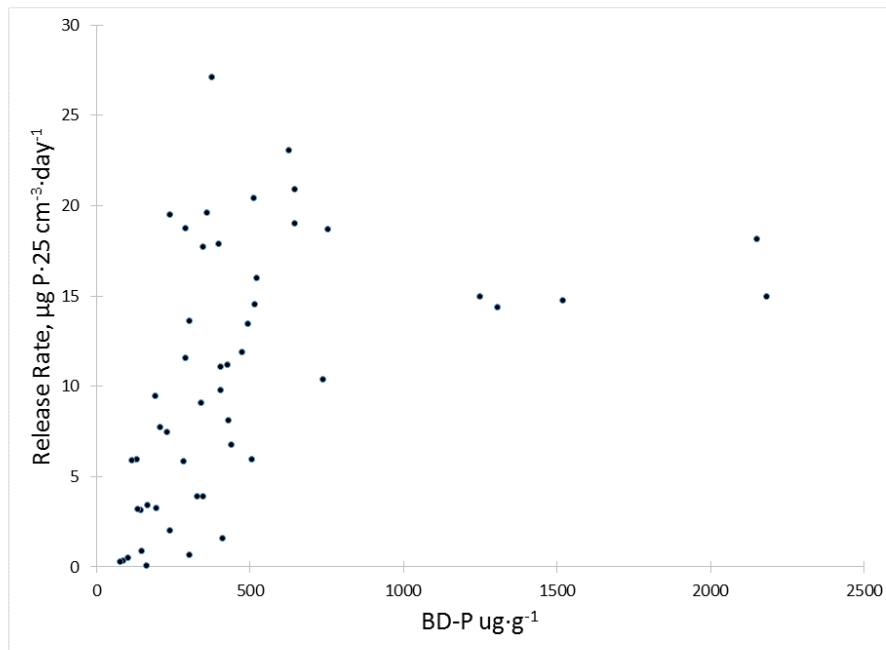
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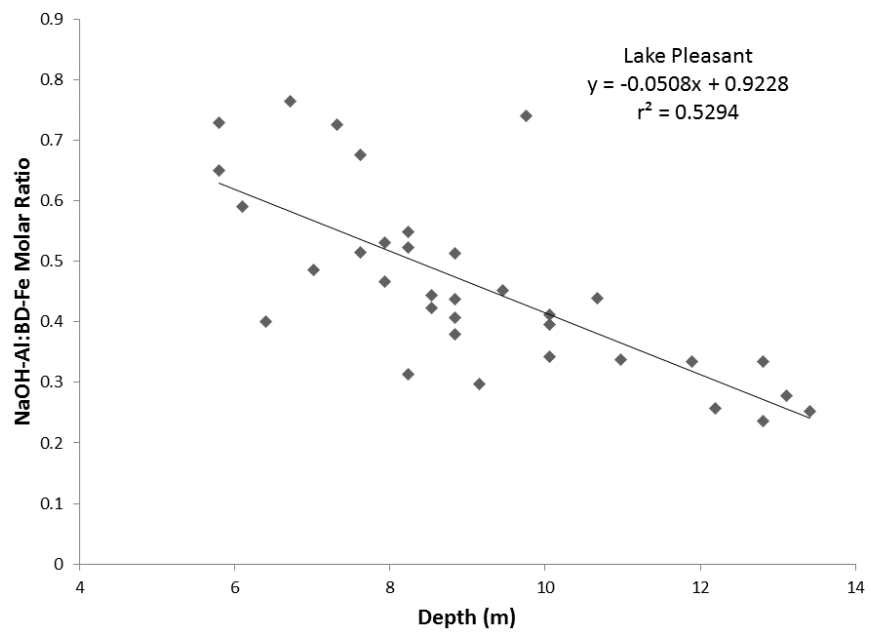
341 Fig 1

342 Fig 2



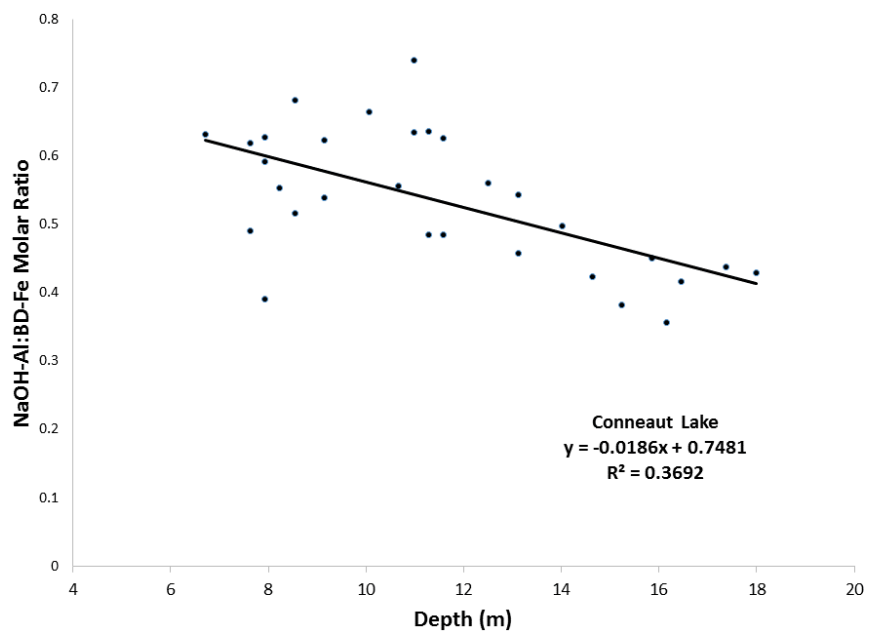
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344 Fig 3

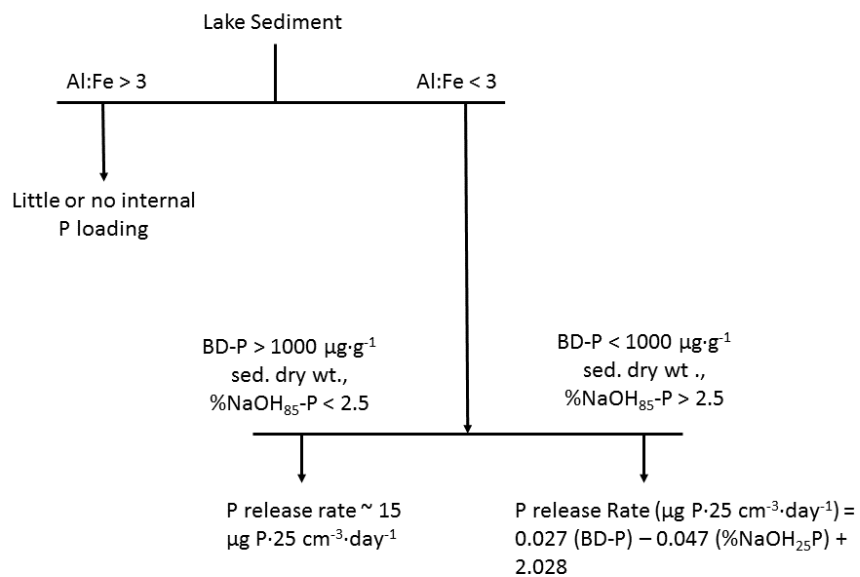


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346 Fig 4



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Appendix

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Lake	NH ₄ Cl-P	BD-P	NaOH-P (25)	HCl-P	NaOH-P (85)	NaOH-Al	BD-Fe	meq/L
Kearney	8	117.3	616.8	633.7	66.2	5832.5	13203	0.1
Costello	1.3	75.9	656.5	359.1	41.7	6734	7964.4	0.1
Brewer	22.2	86.7	884.8	243.6	55.1	7845.9	2750.5	0.1
Clarke	4.1	392.6	928.6	356.8	44.8	6225.9	59436	0.1
Little McCauley	11.7	43.1	683.3	118.3	41.1	7552.9	2842	0.1
Found	17.4	162.6	591.1	124.7	47.4	4798.4	15798.1	0.1
Mt. Tom	18.7	347.6	727.9	157	70.3	6509.7	6891.2	0.4
West Hill	18.8	166.4	761.8	127.8	81.8	5995.9	4937.4	0.1
Highland	18.1	196.1	1223.8	130.7	139.3	7781.4	6289.1	0.3
Dunmore	2.5	411.3	505.8	413	88.4	3600.4	34340.8	0.3
May	9.3	160.9	361.1	179.2	44.9	5913.7	4080.6	0.3
Groton	8.7	44.8	613.7	212.7	58	7736.6	3480.5	0.2
Quassipaug	13.9	402.7	1692.2	108	76.7	6971.6	19734.3	0.1
Wolcott	9.4	87.4	608.6	122.7	48.3	5128.8	2916	0.2
Island	8.9	103.5	718.8	198.8	67.7	6716.5	14977	0.2
Peacham	23.3	180.3	391.6	197.4	54.2	5646.9	3167.3	0.3
Beech	7.4	123.1	218.5	1101.4	35	2786.4	7322.9	0.3
Green	4.3	132.1	274.4	1050.7	44.1	3625.6	10299.7	0.3
Pine	3	115.4	224.1	1120.4	39.9	3348.6	7726.2	0.3
Cranberry	9.9	125.7	181.8	776.9	39.8	3604.1	3335.8	0.3
Quonnipaug	2.6	425.5	590.7	102.6	75.2	5154.5	30962.8	0.6
Taunton	5.6	189.9	624.7	298	72.6	6001.6	10425.8	0.5
Squantz	3.5	738.8	1315.3	157.5	84.8	6464.9	40388	0.5
Bantam	16.8	430.8	609	266.8	97.6	5475.2	9335	0.7
Waramaug	6.1	515.4	1270.9	241.8	66.7	6018.9	31230.7	0.5
West Side	21.9	223.6	646.9	188.4	81.4	5290.3	3420.1	0.9
Tyler	7	146	254.4	188.6	63.2	3272.1	4521.8	0.8
Cream Hill	7.6	142.9	278.6	121.1	74.9	2792.1	5585	0.5
Iroquois	8.7	404.8	258.8	414	54.3	3499	10032	0.9
Carmi	10.7	290.3	109.6	704.5	55.3	2307	5190.9	0.7
Fairfield	7.9	341.4	116.9	696.3	35.8	2931.7	8563.7	0.6
Eden	4.2	85.4	501.1	257.9	57	6765.9	12074.3	0.5
Shadow	11.6	2182.4	880.3	343.5	56.3	4820.2	29940.9	0.9
Crystal (Vt)	4.3	77.7	451.7	295.5	91.3	6765.2	9020.4	0.7
Echo	8.9	397.9	452.6	362.5	77.4	5600.8	13881.7	0.7

Morey	8.8	374.3	107.7	331.6	34.5	2623.2	5629.9	0.9
Fairlee	11.7	282.3	450.8	313.8	58.6	5847.9	8450	0.6
Canadohta	7	521.2	426.9	71.1	56.9	3740.7	14188.7	0.8
Black	19.2	93.9	145.3	116.3	59	2778.2	1702.4	1.0
Ball	8.8	751.9	724.4	237.2	99.7	5187.4	12143.3	1.1
Caspian	19.4	1306	522.6	491.1	53.7	4467.8	21609.4	1.3
Parker	7.7	637.5	323.1	517.2	64.2	4076.9	20074.2	1.3
Harvey's	27.3	2150.3	673.4	416.3	64.9	4457.7	23173.7	1.3
Conneaut	6.6	646.8	225.6	116	53.5	2912.8	15746.6	1.4
Crystal (Pa)	8.9	301.9	158	40.3	65.6	1693.4	6691.4	1.2
Sandy	2.4	238.5	480.6	22.5	103.6	6025.8	44831.8	1.2
Sugar	9.8	1249	431.3	141.8	49.4	3085.2	19289	1.3
Bear	8.4	290.1	290.4	209.3	67.9	2632.2	9566.5	1.0
Edinboro	5.7	493.6	517.8	84.4	86.1	3850.6	17385.6	1.6
Pleasant	10	627.9	165.2	96	37.3	2973.7	11676.8	1.6
Findley	14	1519.6	528.9	176.5	48.2	2914.8	23104.2	1.6
Lower Cassadaga	57.3	208.5	71	285.7	38.8	2132.8	3669.4	1.7
Silver	43.1	359.8	112	531.2	45.1	1663.2	6042.3	1.7
Java	17.5	512.5	570.5	127.1	86.1	3258.4	12101.8	1.7
Linsley	0.8	238.4	731.7	114.5	71.2	5231.9	30497.6	1.9
Kenosia	2.2	474.4	373.6	268.7	52.6	5288.1	19099.2	1.6
Lime	59.5	228.9	53.5	165.5	34.8	1806.7	4161.2	2.3
East Twin	20.7	134.5	69.7	374.2	64.1	2469	4475.6	2.3
LeBoeuf	16.9	645.8	364.4	86.8	76.9	3261.9	16045.9	2.2
Shelburne	14.6	301.5	151.1	247.6	42.9	2997.1	5417.8	2.1
Ewell	14.5	437.8	173.7	289.4	57.7	3695.6	10125.4	2.1
Wononscopomuc	7.6	347.7	166.9	321.9	52.2	3394.8	20190.5	2.5
Mudge	20.7	505.3	137.3	266.3	46.8	2360.9	19869.7	2.8
Wononpakook	8	328.2	163.8	344	58.1	2129.2	24604	2.6

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